Trans Youth CAN! Youth Baseline Survey

***This document is for information purposes only and is not used for data collection. This survey is interviewer-administered in person with the youth participant, and the questions are programmed into a secure online data collection interface. The interviewer proceeds through the questions and enters the youth's responses into the online survey interface, and is able to help youth with any questions or wording they may need help with.

Don't know (DK) and refused (RF) options are not be read out loud, but will be used to indicate if a youth says they don't know an answer or they would rather not answer that question.

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INTRODUCTION

[Interviewer introduces self] You [and your parent/caregiver] have agreed to share some information about you as part of a research study we are involved in. Have you ever been part of a research study? I am going to explain a little bit about how this works, and I can also answer any questions you may have.

One thing you should know is that while people at your clinic are involved in this study, this is different from the regular care you get at the clinic. The information you share is not seen by any doctor, or by anyone else who provides medical or mental health care for you. That means two things. First, if there is any information you share with me that you want your doctor or other staff to know, you need to tell them separately. They won't be able get that information from the study, even if they're involved in the study in other ways. Second, if there is any information you don't want others to know, you can still safely share that information here because the information will only be seen by members of the research team who are not your care providers. The answers you give to questions today are being stored at Western University in London, Ontario, so your information is not even being kept at the clinic.

This information will be combined with information from all the other youth we are interviewing in clinics across Canada, and used to better understand the experiences of trans youth in clinics, the processes of getting care, how hormone treatment impacts health, and to improve medical treatments. We will also be asking you about your, feelings, experiences with your family, school and community so that we can better understand how to ensure that trans youth are doing well in all parts of their lives. Because we are combining information gathered from many youth, we will never report about you as an individual. Instead, we will say things like "such a percent of youth who are referred for hormone treatment had this experience". Do you understand?

So how this works is that we are going to talk for about an hour. [While we are doing this your parent/caregiver is going to be <LOCATION> answering some questions about themself as well.] I am going to ask you some questions about yourself. Some may feel really easy, some might take some thinking, some might make you a little uncomfortable, but they are all important to understanding health. There are no right or wrong answers. We want to hear from you about your own unique feelings, thoughts and experiences. It may feel like some of the questions don't apply to you exactly, but we are asking the exact same questions to all the youth in the study and they might apply better to some other youth. You should definitely ask me if you don't understand what something means. You can also tell me if you want to skip a question. If you want to come back to it later, we can do that as well, or if you really don't want to answer something at all that is okay too. As you answer questions, I am going to enter them onto this tablet. This is similar to some things you may have used on the internet, but it is super secure because it is designed for keeping research information private. It sends your answers right to our secure computers in London, Ontario.

Do you have any questions for me?

DATA DETAILS

Y00_LANG.
1□ French 2□ English
YOUTHID. Participant ID:
PARENTID. ID generated for parent or caregiver (to complete their survey):
Y00_DATE. Date completed:
Y00_INTID. Interviewer ID:
Y00_CLINIC. Clinic:
1□ CHEO Diversity Clinic (Ottawa) 2□ BC Children's Hospital (Vancouver) 3□ GDAAY Clinic (Winnipeg) 4□ Alberta Children's Hospital (Calgary) 5□ Centre Meraki (Montreal) 6□ Montreal Children's Hospital (Montreal) 7□ Stollery Children's Clinic (Edmonton) 8□ IWK Clinic (Halifax)
Y00_PARENT: Was parent/caregiver present while administering the survey? 1□ Yes 2□ No
Y00_SAB: Sex assigned at birth: 1□ Female 2□ Male

SECTION A. ABOUT YOU

Y00_A1. How old are you? years
Y00_A2. What pronouns do you like to use for yourself?
1□ she/her 2□ he/him 3□ they/them, or 4□ something else?Y00_A2_4text
88□ DK 99□ RF
Y00_A3. What word or words do you use to identify your own gender?
.0.4
Y00_A4. If you had to pick one of the following, would you say that you are
1□ Male or primarily a boy;2□ Female or primarily a girl;3□ or non-binary or something other than male or female?
88□ DK 99□ RF
Y00_A5. In your day-to-day life, do you live as that gender? For example, do you go by your preferred name or wear clothes that reflect your gender as you see it?
1□ all of the time; 2□ some of the time, or; 3□ none of the time?
88□ DK 99□ RF
Y00_A6. [if Y00_A5 in (1,2)]and at what age did you start living as <y00_a3>?</y00_a3>
years

Y00_A7. At what age did you first realize that people called you?	your gender was different from what other
years	
Y00_A8. Would you say you are	
Y00_A8_1 Indigenous (that is First Natio	ns, Metis or Inuit)?
1□ yes 2□ no	all.
88□ DK 99□ RF	L'S
Y00_A8_2 Someone who immigrated to	Canada from another country?
1□ yes 2□ no	.DR
88□ DK 99□ RF	Bn.
Y00_A8_3 Someone who was born in Ca	nada, but not an Indigenous person?
1□ yes 2□ no	
88□ DK 99□ RF	
Y00_A8_4 Someone whose parent or pa	rents immigrated to Canada from another
1□ yes 2□ no	
88□ DK 99□ RF	
Y00_A9. [if Y00_A8_1=1] Are you?	
1□ First Nations 2□ Métis 3□ Inuit 4□ Other Indigenous group, specify:	Y00_A9_4text

88□ DK Y00 A10. [if Y00 A8 1=1] How do you personally identify as an Indigenous person? Y00_A11. [if Y00_A8_1=1] Do you live in a First Nations reserve community? 1□ Yes 2□ No Y00_A12. What is your current school situation? Are you ... 1□ in public school (where you don't pay tuition) 2□ in a private school (where you pay tuition) 3□ homeschooled 4□ not enrolled in a school 88□ DK 99□ RF Y00_A13. [if Y00_A12 in (1,2,88,99)] Does your school practice a specific religion? 1□ yes. Which religion? 00 A13 1text 2□ no 88□ DK 99□ RF 2,88,99)] Are you in a special school for LGBT2Q students? Y00_A15. Do you live in a ... 1□ city; 2□ suburb (towns that are attached to a major city), or; 3□ rural area?

88□ DK 99□ RF
Y00_A16. Which of the following types of family members do you have in your life on a regular basis (and how many)? By this, we mean family members you see regularly, and not just on holidays, for example.
Y00_A16_1□ Parent(s)Y00_A16_1_no Y00_A16_2□ Step-parent(s)Y00_A16_2_no Y00_A16_3□ Foster parent(s)Y00_A16_3_no Y00_A16_4□ Sibling(s)Y00_A16_4_no Y00_A16_5□ Grandparents, aunties, uncles and extended familyY00_A16_5_no
[if Y00_A12 in (1,2,88,99)] Y00_A17. What grade are you in? (if currently summer, enter grade they will be entering in September)
Y00_A18. What languages do you speak at home? If there is more than one, start with the one you use most.
Y00_A18_1 Your first language?
1□ English 2□ French 3□ Indigenous languageY00_A18_1_3text 4□ Other languageY00_A18_1_4text
88□ DK 99□ RF
Y00_A17_2 Your second language? [if none, skip to Y00_A20]
1□ English 2□ French 3□ Indigenous languageY00_A18_2_3text 4□ Other languageY00_A18_2_4text
Y00_A17_3 Your third language?
English Description: Descrip
Y00_A19. In which language would you most prefer to get information on trans issues or trans health <u>for yourself</u> ?

1□ English 2□ French

	3□ Indigenous language
	4D Other languageY00_A19_4text
	88□ DK 99□ RF
Y00_	A20. In which language would you most prefer to get information on trans issues or trans health for your parent(s) or caregiver(s)?
	1□ English 2□ French 3□ Indigenous languageY00_A20_3text4□ Other languageY00_A20_4text
	88□ DK 99□ RF
Y00_	A21. Which of the following reflect your background? You can choose more than
one.	
	Y00_A21_1 ☐ Indigenous (First Nations, Métis, or Inuit)
	Y00_A21_2□ Latin American (e.g. Argentina, Mexico, Nicaragua)
	Y00_A21_3□ East Asian (e.g. China, Japan, Korea, Taiwan)
	Y00_A21_4□ Indo-Caribbean (e.g. Guyanese with origins in India)
	Y00_A21_5□ Black Caribbean
	Y00_A21_6□ South Asian (e.g. India, Sri Lanka, Pakistan)
	Y00_A21_7□ Middle Eastern (e.g. Egypt, Iran, Israel, Saudi Arabia)
	Y00_A21_8□ South East Asian (e.g. Vietnam, Malaysia, Philippines)
	Y00_A21_9□ White Canadian or White American
	Y00_A21_10□ White European (e.g. England, Greece, Sweden, Russia)
	Y00_A21_11□ Black Canadian or African-American
	Y00_A21_12 Black African (e.g. Ghana, Kenya, Somalia)
	Y00_A21_13 Other, please specifyY00_A21_13text
	<u></u>
Y00_	A22. How do you identify your own ethnic or racial background?
<	
Y00_	A23. Do you have an idea what gender or genders you are attracted to?
1	□ yes
	□ no
	☐ I am not sexually attracted to other people
	8□ DK
9	9□ RF

[if Y00_A23=1] Which one or ones?
Y00_A24_1□ girls Y00_A24_2□ boys Y00_A24_3□ non-binary people
Y00_A25. What words would you use to describe your sexual orientation?
SECTION B. GENDER EXPERIENCES
Y00_B1. Have you asked people in your life to call you by a different name that reflects your gender?
1□ yes, everyone 2□ yes, some people 3□ no, my name already reflects my gender 4□ no
88□ DK 99□ RF
Y00_B2. [if Y00_B1 in (1,2)] Have you legally changed your name to reflect your gender identity?
1□ yes 2□ no 3□ It's in process
88□ DK 99□ RF
Y00_B3. [Jf Y00_B2 in (2,88,99)] Do you want to?
1□ yes 2□ no
88□ DK

Y00_B4. Have you legally	y changed the sex designation or	n your birth certificate?
1□ yes 2□ no 3□ It's in process		
88□ DK 99□ RF		_1
Y00_B5. [if Y00_B4 in (2,8	88,99)] Do you want to?	
1□ yes 2□ no		LSOM
88□ DK 99□ RF		SKI
Y00_B6. If a non-binary o	option (something other than ma cate, would you want to change i	e or female) was available for t to that?
1□ yes 2□ no	PU	
88□ DK 99□ RF		
	designation was available for younk), would you want that option?	
1□ yes 2□ no	allr	
88□ DK 99□ RF		
Y00_B8. How often do st	rangers know you are trans with	out being told?
1□ Always 2□ Often 3□ About half the tin 4□ Rarely 5□ Never	ne	
88□ DK 99□ RF		

	Y00_	_B9.	In general,	do you	want peop	le to know	v you're tra	ns without being	told?
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1□ y 2□ r	
88 99	

Next we are going to read you a big list of different ways that you may experience your gender. One's gender can lead to both positive and negative experiences, so we have them both.

Gender Dysphoria

On a scale from 1-5 (1= disagree completely, 2= disagree somewhat, 3= neutral, 4= agree somewhat, and 5= agree completely), to what extent do you agree with the following statements:

Birth wish	
Y00_B10_1	I wish I had been born in a different body
Dysphoria re	lated to gendered social life
Y00_B10_2	I avoid social situations or activities because I can't express myself in my gender
Y00_B10_3	I feel hurt if someone calls me the wrong gender (using the wrong pronouns/wrong name)
Y00_B10_4	I enjoy dressing myself in ways that express my gender [reversed]
Y00_B10_5	I feel that society doesn't accept or embrace me in my gender
Y00_B10_6	I worry that people will always treat me as the wrong gender
Y00_B10_7	When people treat me like the wrong gender or expect me to behave like
	a [boy/girl] I feel hurt
	lated to sexed body
Y00_B10_8	I dislike seeing my naked body
Y00_B10_9	I feet unhappy because I have a [masculine/feminine] body
Y00_B10_10	worry that I might always have a [masculine/feminine] body
Y00_B10_11	dislike peeing [standing up/sitting down]
Y00_B10_12	I dislike having a penis or erections because it makes me feel like I'm not my true gender / I dislike having a period because it makes me feel like I'm not my true gender
Y00_B10_13	I dislike having facial hair because it makes me feel like I'm not my true gender / I dislike having breasts because they make me feel like I'm not my true gender
Y00_B10_14	I feel like I can't trust what my body might do as I get older
Y00_B10_15	· · · · ·

I want to check in after those questions and see how you're doing. Let me know if you need a break as well, or to talk. I am going to ask you some more positive things about your gender next.

Gender Euphoria

On a scale from 1-5 (1= disagree completely, 2= disagree somewhat, 3= neutral, 4= agree somewhat, and 5= agree completely), to what extent do you agree with the following statements:

Enjoyment/pi	ride in gender
Y00_B11_1	Being trans or non-binary is one of the cool things about me
Y00_B11_2	I feel a sense of accomplishment and pride being able to express myself as my gender
Euphoria rela	ted to gendered social life
Y00_B11_3	I enjoy going out in public and doing social activities because I can express myself as my gender
Y00_B11_4	I feel validated when strangers in public treat me like my gender
Y00_B11_5	I feel confident trying new and different clothes that express my gender
Y00_B11_6	I feel happy that society sees me on the outside for who I am on the inside
Y00_B11_7	I am relieved I don't have to work as hard as I used to for people to see me as my gender
Euphoria rela	ited to sexed body
Y00_B11_8	I feel confident in my body
Y00_B11_9	I feel attractive
Y00_B11_10	I am comfortable in my body
Y00_B11_11	I feel like my body fits with the real me
Y00_B11_12	Things about my body that used to bother me don't bother me as much anymore

Y00_B12. I'm going to ask about some types of surgeries you may have thought about getting. Can you tell me if you think that's a surgery you want or not, or if you're not sure/undecided.

you	ic fibt suiciulideci	ided.				
	71	(1)Yes/Want	(2)No/ Don't want	(3)Unsure/ undecided	(88) DK	(99) RF
			Want	anacolaca	DIX	171
Y00_B12_1	Top surgery					
Y00_B12_2	Bottom surgery					
Y00_B12_3	Facial surgery					

Y00 <u>.</u>	B13. Would you like to have or adopt a child in the future? 1□ Yes
	2□ No 3□ Undecided/unsure
	88□ DK
	99□ RF

Y00_B14. How do you see your life five years from now?
 1□ My life will be pretty good 2□ My life will be a struggle 3□ I can't imagine my life five years from now
88□ DK 99□ RF
SECTION C. ACCESSING GENDER-AFFIRMING CARE
Y00_C1. How old were you the first time you met with someone outside of your family to discuss your gender? years
How long has it been since you first started seeking hormone treatment?
Y00_C2_yrs years Y00_C2_mos months
Y00_C3. Is there anything you would like to add about your or your family's experiences with counselling, programs, or other visits with someone outside the family to talk about your gender?
SECTION D. YOUR LIVING SITUATION
Next, we have a few questions on your living situation: who you live with, what type of place you live in, and whether you have access to things you need.
Y00_D1. Which of the following statements best describes the food eaten in your household in the past 12 months?
 1□ You have always had enough food to eat. 2□ Sometimes you did not have enough to eat. 3□ Often you did not have enough to eat.
88□ DK 99□ RF

Y00_D2. Do you feel like you have a stable place to live?
1□ Yes 2□ No
88□ DK 99□ RF
Y00_D3. What is your current living situation? Are you
1□ living with birth parents or your adoptive family, including step-parents 2□ living with a foster family 3□ living in a group home 4□ living with other relatives 5□ living with friends 6□ living by yourself 88□ DK 99□ RF
Y00_D4. Have you ever had to move out of a home because others had issues with your gender?
1□ Yes 2□ No
88 □ DK 99 □ RF
Y00_D5. Which of these is your current living situation?
 1□ Sleeping in regular housing, such as an apartment or house 2□ Sleeping somewhere temporary, such as 'couch surfing' with family, friends, or strangers, or staying in drug treatment facility or jail 3□ Sleeping somewhere that is not intended for regular housing, such as living on the streets or in a shelter, in a car, or in an abandoned building. 88 □ DK 99 □ RF
If it's changed in the last year, which of the other options reflect your housing situation over the past 12 months?
Y00_D6_1□ My living situation hasn't changed in the last 12 months. Y00_D6_2□ Sleeping in regular housing, such as an apartment or house Y00_D6_3□ Sleeping somewhere temporary, such as 'couch surfing' with family, friends or strangers, or staying in drug treatment facility or jail

Y00_D6_4□ Sleeping somewhere that is not intended for regular housing, such as living on the streets or in a shelter, in a car, or in an abandoned building
88 □ DK 99 □ RF
e last 12 months, how often did you have access to the following things if and when need them?
Y00_D7_1. School supplies (like a school bag, notebooks, pencils, etc.)?
1□ Never
2□ Rarely
3□ Sometimes
4□ Often
5□ Always
88 DK
99□ RF
VOO DZ O Intermet cocces (whether at home color) library etc.\2
Y00_D7_2. Internet access (whether at home, school, library, etc.)?
1□ Never
2□ Rarely
3□ Sometimes
4□ Often
5□ Always
88 DK
99□ RF
Y00_D7_3. Proper seasonal clothing (such as coat, hat, boots, etc.)?
1□ Never
2□ Rarely 3□ Sometimes
4□ Often
5□ Always
88L DK
99D RF
Y00_D7_4. Other clothing essentials (such as socks, underwear, etc.)?
100_D7_4. Other clothing essentials (such as socks, underwear, etc.)?
1□ Never
2□ Rarely
3□ Sometimes
4□ Often
5□ Always
88□ DK

	99□ RF
	Y00_D7_5. Reliable transportation when you need to get somewhere (by car or public transit)?
	1□ Never 2□ Rarely 3□ Sometimes 4□ Often 5□ Always
	88 DK 99 RF
SEC	CTION E. YOUR SOCIAL WORLD
will a	e next questions have to do with your social world, including people and places. We sk about people with different relationships to you, such as classmates, relatives community members.
parei can h	said you had [Y00_a16_1_no + Y00_A16_2_no + Y00_A16_3_no] parents, stepnts or foster parents in your life, so I'm going to start by asking about each of them. I have the computer ask the questions about different types of parents, so first let's ours out.
Y00_	E1. [For type variables, they can choose from this list] 1
Pare	nt 1 Y00_E1_1
Pare	nt 2 Y00_E1_2
Pare	nt 3 Y00_E1_3 nt 4 Y00_E1_4
ı ai ei	100_L1_T

/ 00_	E2. Have you asked at least some people in your life to call you by a new pronoun that reflects your gender?
	1□ yes 2□ no
	88□ DK 99□ RF
grou iske	O_E2=1] I'm going to read you a list, and you can tell me whether any people in this up call you by your preferred pronoun, don't call you by that, or whether you haven't ed them to use this pronoun. If you don't have any of that group of people in your life, ne know.
	Y00_E3_1. Your [Parent 1]
	1□ yes 2□ sometimes 3□ no 4□ haven't asked
	88□ DK 99□ RF
	Y00_E3_2. Your [Parent 2]
	1□ yes 2□ sometimes 3□ no 4□ haven't asked
	88□ DK 99□ RF
	Y00_E3_3. Your [Parent 3]
	1□ yes 2□ sometimes 3□ no 4□ haven't asked
	88□ DK 99□ RF
	Y00_E3_4. Your [Parent 4]
	1□ yes 2□ sometimes

3□ no

4□ haven't asked
88□ DK 99□ RF
Y00_E3_5. Your sibling(s)
1□ yes 2□ sometimes 3□ no 4□ some, but not all 5□ haven't asked
77□ not applicable 88□ DK 99□ RF
Y00_E3_6. Your extended family
1□ yes 2□ sometimes 3□ no 4□ some, but not all 5□ haven't asked
77□ not applicable 88□ DK 99□ RF
Y00_E3_7. Your classmates
1□ yes 2□ sometimes 3□ no 4□ some, but not all 5□ haven't asked
77□ not applicable 88□ DK 99□ RF
Y00_E3_8. Your teachers
1□ yes 2□ sometimes 3□ no 4□ some, but not all 5□ haven't asked
77□ not applicable

88□	DK
99□	RF

[Gender support]

In general, how supportive of your gender identity or expression are the following people or communities? Please choose one for each, and let me know if something doesn't apply to your situation. Are they... Not at all supportive? Not very supportive? Somewhat supportive, or Very supportive?

portive, or Very supportive?
Y00_E4_1. Your [Parent 1]?
1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive
77□ Not applicable, they don't know about your gender 88□ DK 99□ RF
Y00_E4_2. Your [Parent 2]
1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive
77□ Not applicable, they don't know about your gender 88□ DK 99□ RF
Y00_E4_3. Your [Parent 3]
1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive
Not applicable, they don't know about your gender 88□ DK 99□ RF
Y00_E4_4. Your [Parent 4]
 1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive

77□ Not applicable, they don't know about your gender 88□ DK 99□ RF	
Y00_E4_5. Your sibling(s)	
1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive	
77□ Not applicable, they don't know about your gender 78□ Not applicable, you don't have siblings 88□ DK 99□ RF Y00_E4_6. Your extended family	
Y00_E4_6. Your extended family	
1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive	
77□ Not applicable, they don't know about your gender 78□ Not applicable, you don't have extended family 88□ DK 99□ RF	
Y00_E4_7. Your online friends	
1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive	
77□ Not applicable, they don't know about your gender 78□ Not applicable, you don't have online friends 88□ DK 99□ RF	
700_E4_8. Your IRL friends	
1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive	
77□ Not applicable, they don't know about your gender 78□ Not applicable, you don't have IRL friends 88□ DK 99□ RF	

Y00_E4_9. Your trans friends 1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive OSKSONI 77□ Not applicable, they don't know about your gender 78□ Not applicable, you don't have trans friends 88□ DK 99□ RF Y00 E4 10. Your non-trans friends 1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive 77□ Not applicable, they don't know about your gender 78□ Not applicable, you don't have non-trans friend 88□ DK 99□ RF Y00_E4_11. Your classmates 1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive 77□ Not applicable, they don't know about your gender 78□ Not applicable, you don't have classmates 88□ DK 99□ RF Your extracurricular leaders (for example coaches) 1 Not at all supportive 2□ Not very supportive B□ Somewhat supportive 4□ Very supportive 77□ Not applicable, they don't know about your gender 78□ Not applicable, you don't have extracurricular leaders 88□ DK 99□ RF

Y00_E4_13. Your teachers

 1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive
77□ Not applicable, they don't know about your gender 78□ Not applicable, you don't have teachers 88□ DK 99□ RF
Y00_E4_14. Your religious or faith-based community
1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive
77□ Not applicable, they don't know about your gender 78□ Not applicable, you don't have a religious or faith-based community 88□ DK 99□ RF
Y00_E4_15. Your cultural or ethnic community
1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive
77□ Not applicable, they don't know about your gender 78□ Not applicable, you don't have a cultural or ethnic 88□ DK 99□ RF
Y00_E4_16. Your LGBT2Q community
1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive
Not applicable, they don't know about your gender Not applicable, you don't have an LGBT2Q community BBD DK BBD RF
Y00_E4_17. Your mental health provider(s)
 1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive

4LI Very supportive
77□ Not applicable, they don't know about your gender 78□ Not applicable, you don't have a mental health provider 88□ DK 99□ RF
Y00_E4_18. Your regular doctor (family doctor or pediatrician)
1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive
77□ Not applicable, they don't know about your gender 78□ Not applicable, you don't have a regular doctor 88□ DK 99□ RF
[Gender support for medical care from parents. Ask for as many as were enumerated earlier] Y00_E5_1. In general, how supportive is your [parent 1] of you receiving gender-affirming medical care:
1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive
77□ Not applicable 88□ DK 99□ RF
Y00_E5_2. In general, how supportive is your [parent 2] of you receiving gender-affirming medical care?
1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive
77□ Not applicable 88□ DK 99□ RF
Y00_E5_3. In general, how supportive is your [parent 3] of you receiving gender-affirming medical care?
1□ Not at all supportive

	2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive
	77□ Not applicable 88□ DK 99□ RF
Y00_	E5_4. In general, how supportive is your [parent 4] of you receiving gender-affirming medical care?
	1□ Not at all supportive 2□ Not very supportive 3□ Somewhat supportive 4□ Very supportive 77□ Not applicable 88□ DK
	77□ Not applicable 88□ DK 99□ RF
How	often do you feel safe in the following places?
	Y00_E6_1. In your neighbourhood in the daytime?
	1□ Never 2□ Rarely 3□ Sometimes 4□ Usually 5□ Always
	88□ DK 99□ RF
	Y00_E6_2. In your neighbourhood at night?
	1□ Never 2□ Rarely 3□ Sometimes 4□ Usually 5□ Always
X	88□ DK 99□ RF
	Y00_E6_3. Inside your home?
	1□ Never 2□ Rarely 3□ Sometimes 4□ Usually

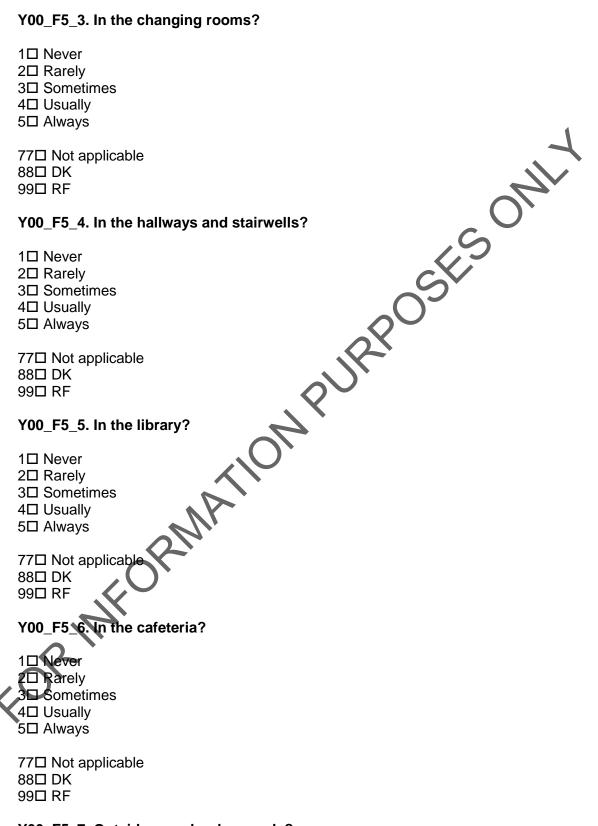
5□ Alway	S
88□ DK 99□ RF	
	avoided any of the following situations because of a fear of being g read as trans, or being outed? You can say yes to more than one.
Y00_E7_2 Y00_E7_3 Y00_E7_4 Y00_E7_5 Y00_E7_5 Y00_E7_5 Y00_E7_7	Public transit Grocery store or pharmacy Halls or clothing stores Halls or clothing stores Halls or social groups Glubs or social grou
include panic a startled. Include	The following items ask about anxiety and fear. These symptoms may attacks, situational anxieties, worries, flashbacks hypervigilance, or feeling de all of your anxiety symptoms when answering these questions. For the number for the answer that best describes your experience over the
[if Y00 A1 ≥ 12] 0□ No an 1□ Infreq 2□ Occas 3□ Frequ	xiety in the past week, how often have you felt anxious? xiety in the past week. yient anxiety. Felt anxious a few times. yienoional anxiety. Felt anxious as much of the time as not. It was hard to relax. yient anxiety. Felt anxious most of the time. It was very difficult to relax. yient anxiety. Felt anxious all of the time and never really relaxed.
88□ DK 99□ RF	

[if Y00_A	≥ 12]Y00_E8_2. In the past week, when you have felt anxious, how intense or severe was your anxiety?
1	Little or None: Anxiety was absent or barely noticeable. Mild: Anxiety was at a low level. It was possible to relax when I tried. Physical symptoms were only slightly uncomfortable. Moderate: Anxiety was distressing at times. It was hard to relax or concentrate, but I could do it if I tried. Physical symptoms were uncomfortable. Severe: Anxiety was intense much of the time. It was very difficult to relax or focus on anything else. Physical symptoms were extremely uncomfortable. Extreme: Anxiety was overwhelming. It was impossible to relax at all. Physical symptoms were unbearable.
	I DK I RF
[if Y00_A ²	> 12]Y00_E8_3. In the past week, how often did you <u>avoid situations, places,</u> <u>objects, or activities</u> because of anxiety or fear?
1	
[if Y00_A	12]Y00_E8_4. In the past week, how much did your anxiety <u>interfere with your ability to do the things you needed to do</u> at work, at school, or at home?
1 _□ 2 _□ 3 _□	None: No interference at work/home/school from anxiety Mild: My anxiety has caused some interference at work/home/school. Things are more difficult, but everything that needs to be done is still getting done. Moderate: My anxiety definitely interferes with tasks. Most things are still getting done, but few things are being done as well as in the past. Severe: My anxiety has really changed my ability to get things done. Some tasks are still being done, but many things are not. My performance has definitely suffered. Extreme: My anxiety has become incapacitating. I am unable to complete tasks and have had to leave school, have quit or been fired from my job, or have been unable to

	complete tasks at home and have faced consequences like bill collectors, eviction, etc.
	I DK I RF
[if Y00_A	1 > 12]Y00_E8_5. In the past week, how much has anxiety interfered with your social life and relationships?
	None: My anxiety doesn't affect my relationships. Mild: My anxiety slightly interferes with my relationships. Some of my friendships and
2□	other relationships have suffered, but, overall, my social life is still fulfilling <i>Moderate</i> : I have experienced some interference with my social life, but I still have a few close relationships. I don't spend as much time with others as in the past, but I
3□	still socialize sometimes. Severe: My friendships and other relationships have suffered a lot because of anxiety. I do not enjoy social activities. I socialize very little.
40	Extreme: My anxiety has completely disrupted my social activities. All of my relationships have suffered or ended. My family life is extremely strained. 1 DK
	I RF
SECTI	ON F. SCHOOL EXPERIENCES
school, a	to ask you some questions about your school attendance, your feelings about and your experiences there. Reople miss school for a bunch of reasons, so don't his has happened to you.
Y00_F1.	Have you ever been absent from school for more than 2 weeks at a time?
] yes] no
	DD RF
Y00_F2.	if Y00_F1=1] What is the longest period of time that you have been absent from school?
20 30 40 88	2 to 4 weeks 5 or 6 weeks 7 or 8 weeks more than 8 weeks DK DK

Y00_	_F3. [if Y00_F1=1] Have you had any absences of more than 2 weeks that were related to your gender identity?
	1□ yes Please explainY00_F3_1text 2□ no
	88□ DK 99□ RF
[if Yo	00_A12 in (1,2)] How strongly do you agree or disagree with each of the following?
	Y00_F4_1. I feel close to people at my school.
	1□ strongly agree 2□ agree 3□ disagree 4□ strongly disagree
	88□ DK 99□ RF
	Y00_F4_2. I feel I am part of my school.
	1□ strongly agree 2□ agree 3□ disagree 4□ strongly disagree
	88□ DK 99□ RF
	Y00_F4_3. I am happy to be at my school.
	1□ strongly agree 2□ agree 3□ disagree 4□ strongly disagree
<	88☑ DK 99□ RF
	Y00_F4_4. I feel the teachers at my school treat me fairly.
	1□ strongly agree 2□ agree 3□ disagree 4□ strongly disagree

	88□ DK 99□ RF
	Y00_F4_5. I feel safe in my school.
	1□ strongly agree 2□ agree 3□ disagree 4□ strongly disagree
	88□ DK 99□ RF
	Y00_F4_6. How much do you feel that teachers and other school staff care about you?
	1□ not at all; 2□ very little; 3□ somewhat; 4□ quite a bit, or 5□ very much?
	88□ DK 99□ RF
[if Y0	0_A12 in (1,2)] While at school, how often do you feel safe
	Y00_F5_1. In your classroom?
	1□ Never 2□ Rarely 3□ Sometimes 4□ Usually 5□ Always
	77□ Not applicable 88□ DK 99□ RF
	700_F5_2. In the washrooms?
\	1□ Never 2□ Rarely 3□ Sometimes 4□ Usually 5□ Always
	77□ Not applicable 88□ DK 99□ RF



Y00_F5_7. Outside on school grounds?

1□ Never 2□ Rarely 3□ Sometimes 4□ Usually 5□ Always
77□ Not applicable 88□ DK 99□ RF
Y00_F5_8. Getting to/from school?
1□ Never 2□ Rarely 3□ Sometimes 4□ Usually 5□ Always
77□ Not applicable 88□ DK 99□ RF
SECTION G. YOUR FAMILY Family screener question
We want to ask about the types of things that families of trans youth might be subjected to from outside of the family. Since we're asking about experiences families have had, we are <u>defining family</u> as your biological, adoptive or step-parent, sibling or others that you have lived with as a family for at least a year.
Y00_G1. Does this apply to you; in other words, do you live with a family?
1□ Yes 2□ No [skip family section]
88 D DK 99 D RF
[if Y00_G1=1] What is the religion or faith of your family? Is your family? (You can choose more than one.)
Y00_G2_1□ Indigenous spiritual Y00_G2_2□ Anglican Y00_G2_3□ Bahá'í Y00_G2_4□ Buddhist

Y00_G2_5□ Catholic
Y00_G2_6□ Hindu
Y00_G2_7□ Jewish
Y00_G2_8□ Mennonite, Amish or Hutterite
Y00_G2_9□ Muslim
Y00_G2_10□ Neo-pagan
Y00_G2_11□ Protestant Christian
Y00_G2_12□ Sikh
Y00_G2_13□ Unitarian
Y00_G2_14□ Other, please specify:Y00_G2_14text
Y00_G2_77□ No religion
O'
Y00_G2_77 \(\text{No religion} \) Y00_G2_77 \(\text{No religions or faith based is your family 2.4.}
Y00_G3. [if Y00_G1=1] How religious or faith-based is your family?
Company of the control of the contro
1□ not at all
2□ a bit
3□ somewhat
4□ fairly 5□ quite
6□ extremely
\(\rightarrow\)
88□ DK
99□ RF
[if Y00_G1=1] Has your family experienced any of the following because of your gender
Y00_G4_1. Friends or family have told your parent or caregiver that they are a bad
parent or caregiver?
1□ Yes
2□ No
88 □ DK 99 ☑ RF
99 14 14
(00) G4_2. Strangers (online or in person) have told your parent or caregiver that
they are a bad parent or caregiver?
1□ Yes 2□ No
88 □ DK
99 □ RF

from friends or family?
1□ Yes 2□ No
88 □ DK 99 □ RF
Y00_G4_4. Your parent or caregiver has had to deal with unwanted parenting advice from strangers (in person or online)?
1□ Yes 2□ No
88 □ DK 99 □ RF
Y00_G4_5. Child welfare authorities have investigated, threatened, attempted or taken you away from your parent or caregiver?
1□ Yes 2□ No
88 □ DK 99 □ RF
Y00_G4_6. Other family members no longer speak to your family?
1□ Yes 2□ No
88 □ DK 99 □ RF
Y00_G4_7. Members of your community no longer speak to your family?
1□ Ves 2□ No
88 □ DK 99 □ RF
Y00_G4_8. Other parents stopped letting their kids come to your house or see you?
1□ Yes 2□ No
88 □ DK

99 □ RF	
Y00_G4_9.	Other people stopped letting you go to their house to visit your friends?
1□ Yes 2□ No	
88 □ DK 99 □ RF	
	D. Someone in your family has had to get involved in your school regarding gender issues?
1□ Yes 2□ No	
88 □ DK 99 □ RF	
	1. Someone in your family had to get involved regarding a dress code that forced you to wear clothes (or a uniform or costume) that didn't fit your gender?
1□ Yes 2□ No	
88 □ DK 99 □ RF	
	2. Someone in your family has had to defend your right to use a washroom?
1□ Yes 2□ No	COK
88 □ DK 99 □ RF	
Y00_64_13	3. Someone in your family was asked to not participate in a religious organization anymore?
1□ Yes 2□ No	
88 □ DK 99 □ RF	

Y00_G4_14. Someone in your family had to defend your right to participate on your identified gender's sports team or extracurricular activities (e.g., boy scouts/girl guides, clubs, sports)?

1□ Ye 2□ No	
88 □ Œ 99 □ F	
Y00_G	4_15. You or your family was asked to find another family doctor or health care provider?
1□ Ye 2□ No	
88 □ Œ 99 □ F	
Y00_G	4_16. You or your family was asked to find another mental health care provider?
1□ Ye 2□ No	
88 □ [99 □ F	
Y00_G	4_17. Something else17text
1□ Ye 2□ No	
88 □ Œ 99 □ F	
your parent	s >=1] Y00_G5. How would you describe the communication between you and /caregiver? we don't talk about anything 1 2 3 4 5 Very open, we talk about everything
How much Y00_G6_1 1□ Not at al 2□ Å little 3□ Some 4□ Quite a b 5□ Very mu	oit
88 □ DK 99 □ RF	

99

Y00_G6_2. *Your family has fun together? 1□ Not at all 2□ A little 3□ Some 4□ Quite a bit 5□ Very much
88 □ DK 99 □ RF
Y00_G6_3.*Your family respects your privacy? □ Not at all □ A little □ Some □ Quite a bit □ Very much 88 □ DK 99 □ RF
Y00_G6_4. Your family pays attention to you? 1□ Not at all 2□ A little 3□ Some 4□ Quite a bit 5□ Very much
Y00_G6_5.Your family cares about your feelings? 1□ Not at all 2□ A little 3□ Some 4□ Quite a bit 5□ Very much 88 □ DK 99 □ RF
Y00_G7. Has addressing your gender weakened or strengthened your family?
Weakened our family 1 2 3 4 5 Strengthened our family
Y00_G8. Is there anything you would like to tell us about this?
36

SECTION H. COMMUNITY, SUPPORT, DISCRIMINATION

1 yes 2 no 88 DK 99 RF Y00 H2. [if Y00 H1=1] Have you attended it? 1 yes 2 no 88 DK 99 RF [if Y00 H2=1] Y00 H3. How useful did you find it? 1 Not at all useful 2 3 4 1 1 1 1 1 1 1 1 1	Y00_H1. Is there a youth group for trans, non-binary, two-spirit or LGBT people in your community?
99□ RF Y00_H2. [if Y00_H1=1] Have you attended it? 1□ yes 2□ no 88□ DK 99□ RF [if Y00_H2=1] Y00_H3. How useful did you find it? 1□ Not at all useful 2□ 3□ 4□ 5□ 6□ 7□ 8□ 9□ 10□ Extremely useful [if Y00_H2=2] Y00_H4. Briefly, can you tell me why not? Y00_H5. Have you accessed online groups for trans, non-binary, two-spirit or LGBT youth? □ yes 2□ no 88□ DK 99□ RF	
88 DK 99 RF [if Y00_H2=1] Y00_H3. How useful did you find it? 1 Not at all useful 2 3 4 5 6 7 8 9 10 Extremely useful [if Y00_H2=2] Y00_H4. Briefly, can you tell me why not? Y00_H5. Have you accessed online groups for trans, non-binary, two-spirit or LGBT youth? Q es	99□ RF
88 DK 99 RF [if Y00_H2=1] Y00_H3. How useful did you find it? 1 Not at all useful 2 3 4 5 6 7 8 9 10 Extremely useful [if Y00_H2=2] Y00_H4. Briefly, can you tell me why not? Y00_H5. Have you accessed online groups for trans, non-binary, two-spirit or LGBT youth? Q es	Y00_H2. [if Y00_H1=1] Have you attended it?
1 Not at all useful 2 3 4 5 6 7 8 9 10 Extremely useful	1□ yes 2□ no
Not at all useful 2 3 4 5 5 6 6 7 8 9 10 Extremely useful [if Y00_H2=2] Y00_H4. Briefly, can you tell me why not?	
Des 2 no 88 DK 99 RF	1 Not at all useful 2
99□ RF	youth?
Y00_H6. [if Y00_H5=1] Are there online groups you would recommend to other youth?	
	Y00_H6. [if Y00_H5=1] Are there online groups you would recommend to other youth?

These questions are about experiences relate you describe yourself and how others might	
skin colour, ancestry, nationality, religion, se	
health issue, and income.	4
Because of who you are, have you	
	1-Never 2-Yes, but not in the past year 3-Yes, once or twice 4-Yes, many times in in the past year the past year
Y00_H7_1. Heard, saw, or read others joking or	1,5
laughing about you (or people like you) Y00_H7_2. Been treated as if you are unfriendly,	
unhelpful, or rude	05
Y00_H7_3. Been called names or heard/saw you identity used as an insult	
Y00_H7_4. Been treated as if others are afraid of	.01
you Y00_H7_5. Been stared or pointed at in public	
Y00_H7_5. Been told that you should think, act.	Q ·
or look more like others	4
Y00_H7_7. Heard that you or people like you don't belong	
Y00_H7_8. Asked inappropriate, offensive, or overly personal questions	
Y00_H7_9. Been treated as if you are less smart	
or capable than others	
Y00_H8. Were these experiences because of	your gender?
<u> </u>	
1□ Yes, my gender and other things abou	t me
2□ Yes, all because of my gender	
3□ No. 4□ Not sure	
TE Not out	
88 🗆 DK	
99 □ RF	

Y00_H9. Have other people stopped speaking to your friends or excluded them from activities, <u>because of your gender</u>?

1⊔ Yes 2□ No			
88 □ DK 99 □ RF			

Y00_H10. Have other people threatened or harassed your friends (in person or online), because of your gender?

1□ 2□		
		DK RF

People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Choose one number from each line.

		None of	A little	Some	Most of	All of
		the time	of the	of the	the time	the
			time	time	4	time
		V	2	3		5
Y00_H11_1	Someone you can count on to	,				
	listen to you when you need to					
	talk					
Y00_H11_2	Someone to give you					
_	information to help you					
	understand a situation					
Y00_H11_3	Someone to give you good					
	advice about a crisis					
Y00_H11_4	Someone to confide in or talk					
	to about yourself or your					
	problems					
Y00_H11_5	Someone whose advice you					
	really want					
Y00_H11_6	Someone to share your most					
-	private worries and fears with					
Y00_H11_7	Someone to turn to for					
	suggestions about how to deal					
X	with a personal problem					
Y00_H11_8	Someone who understands					
	your problems					
Y00_H11_9	Someone to help you if you					
	were confined to bed					
Y00_H11_10	Someone to take you to the	_	_			_
	doctor if you needed it					

Y00_H11_11	Someone to prepare your meals if you were unable to do it yourself				
Y00_H11_12	Someone to help with daily chores if you were sick				
Y00_H11_13	Someone who shows you love and affection				
Y00_H11_14	Someone to love and make you feel wanted				7
Y00_H11_15	Someone who hugs you			•	
Y00_H11_16	Someone to have a good time with			1	\
Y00_H11_17	Someone to get together with for relaxation			O,	
Y00_H11_18	Someone to do something enjoyable with		7		
Y00_H11_19	Someone to do things with to help you get your mind off things		S		

Thinking on these questions, is the support you have received from... You may choose more than one.

```
Y00 H12 1□ Your [Parent 1]
Y00 H12 2 Your [Parent 2]
Y00_H12_3□ Your [Parent 3]
Y00 H12 4□ Your [Parent 4]
Y00_H12_5□ Your sibling(s)
Y00_H12_6□ Your extended family
Y00 H12 7□ Your online friends
Y00 H12 8□ Your IRL friends
Y00 H12 9□ Your trans friends
Y00_H12_10□ Your non-trans friends
Y00_H12_11□ Your classmates
Y00_H12_12\(\Delta\) Your extracurricular leaders (for example coaches)
Y00_H12_13\(\text{Y}\) Your teachers
Y00_H12_14□ Your religious or faith-based community
Y00_F12_15□ Your cultural or ethnic community
 Y00_H12_16□ Your LGBT2Q community
¥00 H12_17□ Your mental health provider
Y00_H12_18□ Your regular doctor (family doctor or pediatrician)
Y00_H12_19□ Other Please specify ___Y00_H12_19text _
```

SECTION J. YOUR HEALTH AND WELL-BEING

Some of the youth who visit this clinic feel that their life is not that great, while others think that their life is okay. How about you?

Y00_J1_1. OVERALL, my life is [let youth do slider on tablet]				
The WORST ®	© The BEST			
Y00_J1_2. Considering my HEALTH, my life is [let you	uth do slider on tablet]			
The WORST ®	○ © The BEST			
	1			
The next six questions are about how you have been fee	eling during the past 30 days.			
Y00_J2_1. About how often during the past 30 days did	you feel nervous?			
1□ all of the time				
2□ most of the time 3□ some of the time	-C>V			
4□ a little of the time	20			
5□ none of the time	N -			
88□ DK				
99□ RF				
Y00_J2_2. During the past 30 days, about how often did	l you feel hopeless?			
1□ all of the time				
2□ most of the time 3□ some of the time				
4□ a little of the time				
5□ none of the time				
88□ DK				
99□ RF				
Y00_J2_3. During the past 30 days, about how often did	you feel restless or fidgety?			
1□ all of the time				
2□ most of the time 3□ some of the time				
4□ a little of the time				
5⊟ none of the time				
88□ DK				
99□ RF				
Y00_J2_4. How often did you feel so depressed that not	thing could cheer you up?			
1□ all of the time 2□ most of the time				

	3□ some of the time 4□ a little of the time 5□ none of the time
	88□ DK 99□ RF
Y00_	_J2_5. During the past 30 days, about how often did you feel that everything was an effort?
	1□ all of the time 2□ most of the time 3□ some of the time 4□ a little of the time 5□ none of the time
	88□ DK 99□ RF
Y00_	_J2_6. During the past 30 days, about how often did you feel worthless?
	1□ all of the time 2□ most of the time 3□ some of the time 4□ a little of the time 5□ none of the time
	88□ DK 99□ RF
	ch of the following positive feelings have you experienced, related to your gender? I may choose more than one)
	Y00_J3_1□ A sense of pride in yourself Y00_J3_2□ A sense of hope. Y00_J3_3□ A sense of confidence. Y00_J3_4□ An improved relationship with your parents/caregivers. Y00_J3_5□ Motivation to become involved in public education/advocacy about trans youth
<	Y00_J3_6□ A sense of community with other trans youth. Y00_J3_7□ A sense of personal growth Y00_J3_8□ A strengthening of your family Y00_J3_9□ Being pleased by unexpected support Y00_J3_10□ Other, please specify:Y00_J3_10text
Y00_	_J4. Have you ever changed your eating or activities to try to change or control your weight?
	1□ yes

	2□ no [skip to Section K]
	88□ DK 99□ RF
Y00_	_J5. Was this something your health care provider asked you to do, or something you did on your own?
	1□ health care provider 2□ on own
	88□ DK 99□ RF
Y00_	_J6. [If Y00_J5=2] Did this affect your eating or activities in the last 30 days?
	1□ yes 2□ no [skip to Section K]
	88□ DK 99□ RF
Y00_	_J7_1. During the past 30 days, how often have you vomited to change or control your weight?
	1□ never; 2□ 1 to 3 times; 3□ once per week; 4□ 2 to 6 times per week; 5□ once per day, or 6□ more than once per day?
	88□ DK 99□ RF
(An o	J7 2. During the past 30 days, how often have you engaged in eating binges? eating binge is when you eat a lot of food (more than you normally eat) in a really tamount of time (like all in one sitting), but you feel like you can't stop or that you're feontrol you don't realize how much you're eating. It's not just when you're really gry and have a lot to eat, and it's not when you just have a big meal or a big snack.)
	1□ never; 2□ 1 to 3 times; 3□ once per week; 4□ 2 to 6 times per week; 5□ once per day, or 6□ more than once per day?

	88□ DK 99□ RF
Y00_	_J7_3. During the past 30 days, how often have you exercised to change or control your weight?
	1□ never; 2□ 1 to 3 times; 3□ once per week; 4□ 2 to 6 times per week; 5□ once per day, or 6□ more than once per day?
	88□ DK 99□ RF
Y00_	_J7_4. During the past 30 days, how often have you swallowed a pill or something else to change or control your weight?
	1□ never; 2□ 1 to 3 times; 3□ once per week; 4□ 2 to 6 times per week; 5□ once per day, or 6□ more than once per day?
	99 RF
Y00_	_J7_5. During the past 30 days, how often have you dieted, skipped meals, fasted, or ate less food than normal to lose or control your weight?
<	1□ never; 2□ 1 to 3 times; 3□ once per week; 4□ 2 to 6 times per week; 5□ once per day, or 6□ more than once per day? 88□ DK 99□ RF
Y00_	_J8. [If one or more of Y00_J7_1 to Y00_J7_5 in (2,3,4,5,6)] To what extent was wanting to change or control your weight related to your gender?
	1□ not at all; 2□ somewhat; 3□ mostly, or; 4□ completely?

88□ DK 99□ RF
SECTION K. SUBSTANCE USE
In this next section, we will be asking you some questions about your health and well-being. There are no right or wrong answers, and as you know this information will be kept private.
The only people who see it will be the researchers combining your information with information from other youth to see how you as a group are doing. Are you ready?
Y00_K1. At the present time, do you smoke cigarettes daily, sometimes, or not at all?
1□ Daily 2□ Sometimes 3□ Not at all
88□ DK 99□ RF
Y00_K2. At the present time, do you smoke e-cigarettes (vaping) daily, occasionally, or not at all?
1□ Daily 2□ Sometimes 3□ Not at all
88□ DK 99□ RF
The next question will ask about drinking. When we use the word 'drink' it means: -one bottle or can of beer or a glass of draft beer -one glass of wine or a wine cooler
-one mixed drink with one and a half ounces of liquor -one shot or shooter with one and a half ounces of liquor

Y00_K3. How often in the past 12 months have you had 5 or more drinks on one occasion?

1□ Never

3□Once a month

2□ Less than once a month

4□ 2 to 3 times a month 5□ Once a week						
6□ More than once a week						
88□ DK 99□ RF						
Y00_K4_1. In the last 12 months, have yo	ou used marijuana?	4				
1□ Yes 2□ No		all'				
88□ DK 99□ RF		150				
[if Y00_K4_1=1] Y00_K4_2. Have yo 1□ Yes 2□ No	ou used marijuana in the	last 30 days?				
88□ DK 99□ RF	, p.P.O					
Y00_K5. In the last 12 months have you used any other drugs or prescription medications that were not prescribed to you?						
1□ Yes 2□ No						
88□ DK 99□ RF						
[if Y00_K5=1] Can you tell me which other not prescribed to you that you have used	r drugs or prescription m I in the last 12 months?	edications that were				
ORINIFO	(1) Used in the last 12 months	(2) If said used in the last 12 months, then ask if used in the last 30 days				
Y00_K6_1: Mushrooms (magic mushrooms, shrooms, psilocybin)						
Y00_K6_2: Spice (K2, K3, Blaze, Black mamba, legal weed, fake pot, IZMS)						
Y00_K6_3: Sizzurp (robos, dex, DXM,						

purple drank)

wheels, dreens)

Y00_K6_4: Adrenochromes (wagon

Y00_K6_5: Poppers or nitrites, including		
ampules		
Y00_K6_6: Crack		
Y00_K6_7: Cocaine (coke, blow, snow,		
powder, snort)		
Y00_K6_8: Crystal meth (speed, crank,		
ice)		
Y00_K6_9: PCP (angel dust)		
Y00_K6_10: Special K/Ketamine		
Y00_K6_11: GHB (G)		
Y00_K6_12: LSD (acid)		
Y00_K6_13: Opium		
Y00_K6_14: Heroin (H, junk, smack)		
Y00_K6_15: Ecstasy, Molly, or MDMA		
Y00_K6_16: Bath salts		
Y00_K6_17: Fentanyl		
Y00_K6_18: Other pain medication		-
besides fentanyl that was not prescribed	\bigcirc	
to you (Percocet, Oxycontin, OxyNeo,		
Tylenol #3, Demerol, Dilaudid, codeine)		
Y00_K6_19: Sedatives or tranquilizers		
not prescribed to you (Valium, Ativan,		
Xanax, tranqs, 'downers')		
Y00_K6_20: Prescription ADHD		
medication that was not prescribed to you		
(Ritalin, Concerta, Adderall, Dexedrine)		
Y00_K6_21: Huffing gas or other solvents	<u>Jp</u> .	
Y00_K6_22: Other, please specify:		
Y00_K6_22text		

[for relevant drugs indicated above] I'm going to ask about some reasons why you may have used some substances.

We're going to ask you about two types of stress that you may experience. Everyone experiences stress in their lives sometimes, regardless of their gender identity, so this means more general stress that you experience (like stress about homework, friends, parents, etc.), but there is also specific stress that you might deal with related to gender issues and gender dysphoria.

For each item I list, can you tell us if you've used that strategy to deal with general stress or gender-related stress (or both or neither) in the last 30 days?

,	
(1) Used to	(2) Used to deal
deal with	with gender-
general	related stress
stress in	in the last 30
the last 30	days
days	

VOO I/7 4. Mariiyana/baabiab /baab		
Y00_K7_1: Marijuana/hashish (hash,	🗆	
weed, pot, bongs, dabs)		
Y00_K7_2: Mushrooms (magic		
mushrooms, shrooms, psilocybin)		
Y00_K7_3: Spice (K2, K3, Blaze,		
Black mamba, legal weed, fake pot,		
IZMS)	_	
Y00_K7_4: Sizzurp (robos, dex, DXM,		
purple drank)	_	
Y00_K7_5: Adrenochromes (wagon		
wheels, dreens)	_	_
Y00_K7_6: Poppers or nitrites,		
including ampules	_	
Y00_K7_7: Crack		
Y00_K7_8: Cocaine (coke, blow,		
snow, powder, snort)		
Y00_K7_9: Crystal meth (speed,		
crank, ice)		\sim
Y00_K7_10: PCP (angel dust)		
Y00_K7_11: Special K/Ketamine		
Y00_K7_12: GHB (G)		
Y00_K7_13: LSD (acid)		
Y00_K7_14: Opium		
Y00_K7_15: Heroin (H, junk, smack)		
Y00_K7_16: Ecstasy, Molly, or MDMA		
Y00_K7_17: Bath salts		
Y00_K7_18: Fentanyl		
Y00_K7_19: Other pain medication	0	
besides fentanyl that was not	*	
prescribed to you (Percocet,		
Oxycontin, OxyNeo, Tylenol #3,		
Demerol, Dilaudid, codeine)		
Y00_K7_20: Sedatives or tranquilizers		
not prescribed to you (Valium, Ativan,		
Xanax, tranqs, 'downers')		
Y00_K7_21: Prescription ADHD		
medication that was not prescribed to		
you (Ritalin, Concerta, Adderall,		
Dexedrine)		
Y00_K7_22: Huffing gas or other		
solvents		
Y00_K7_23: [Y00_K7_23text]		

SECTION L. YOUR MENTAL WELL-BEING

In this next section we are going to ask you about your mental well-being. Because getting a good idea of someone's mental health cannot be done by asking a single question, we often need to ask a bunch of separate questions about symptoms. You may be experiencing a lot of these, or maybe none of them, but your answers are important to being able to see how the well-being of trans youth as a group changes over time with gender-affirming medical care. Let me know if you want to take a break from this section at any time, okay?

In the last 30 days, how often
Y00_L1_1. Were you very sad?
1□ never; 2□ rarely; 3□ sometimes; 4□ often, or 5□ always?
88□ DK 99□ RF
Y00_L1_2. Were you grouchy or irritable, or in a bad mood?
1□ never; 2□ rarely; 3□ sometimes; 4□ often, or 5□ always?
88□ DK 99□ RF
Y00_L1_3. Did you feel hopeless about the future?
1□ never; 2□ rarely; 3□ sometimes; 4□ often, or 5□ always?
88□ DK 99□ RF
Y00_L1_4. Did you sleep a lot more or a lot less than usual?
1□ never;

2□ rarely; 3□ sometimes; 4□ often, or 5□ always?
88□ DK 99□ RF
Y00_L1_5. Did you have difficulty concentrating on your school work?
1□ never; 2□ rarely; 3□ sometimes; 4□ often, or 5□ always? 88□ DK 99□ RF
oing to ask you a few questions about suicide. I just want to remind you that I am ly obligated to report to someone who can help if there are any concerns about your y at this time. I want to you be honest in answering these questions, but if we think might be a risk of you trying to kill yourself we have to tell someone so that you get help. Your safety is really important to us, so we want to make sure there is no of you trying to hurt yourself. L2. Have you ever seriously considered committing suicide or taking your own life?
1□ Yes 2□ No [skip to Y00 ♣3]
88□ DK 99□ RF
L3. [Jf Y00_L2=1] Was this related to you being trans?
Yes 20 No
88□ DK 99□ RF
L4. [If Y00_L2=1] Has this happened in the past 12 months?
1□ Yes 2□ No

	DK DRF
Y00_L5	. [If Y00_L2=1] Have you ever <u>attempted</u> to commit suicide or tried taking your own life?
	Yes No [skip to Y00_L13]
	DK DR RF
Y00_L6	. [Y00_L5=1] Did this happen in the past 12 months?
	Yes No
	DK DRF
Y00_L7	. [Y00_L5=1] Did you see or talk to someone following your attempt to commit suicide?
	I Yes I No
	DK RF
	. [Y00_L7=1]. Who did you see or talk to?
2L 3E 4E 5E	a doctor a nuise a psychologist or psychiatrist a school counsellor another type of counsellor an Indigenous elder
80 90 10	a priest, rabbi, imam or other religious leader a parent or caregiver other family members character of the above number of the above

Y00_L9. [Y00_L7=1] Were they knowledgeable and understanding regarding gender?

1□ Yes 2□ No 3□ We	didn't discuss gender
88□ Dr 99□ RF	
Y00_L10. [Y0	0_L5=1] How old were you when you first attempted suicide or tried taking your own life?
	years old
Remember tl	ask you about some ways that people may try and hurt themselves. hat we are only interested in whether this was on purpose, not if it happened or for another reason.
Y00_L11. Ha	ve you ever done anything to hurt yourself on purpose?
1□ Yes 2□ No	
88□ Dk 99□ RF	
[If Y00_L11=1] To try and hurt yourself, have you ever ?
Y00_L1	2_1. Cut, scratched, bitten, or burned your skin (not including your breasts or genitals)?
1□ Yes 2□ No	CRIM.
88□ Dk 99□ RF	
Y00_L1	3_1. [if Y00_L13_1=1] Has this happened in the last year?
☐ Yes 2⊡ No	
88□ Dk 99□ RF	
Y00_L1	2_2. Cut, scratched, or burned your breasts or genitals?
1□ Yes 2□ No	

88□ DK 99□ RF
Y00_L13_2. [if Y00_L13_2=1] Has this happened in the last year?
1□ Yes 2□ No
88□ DK 99□ RF
Y00_L12_3. Punched or hit your breasts or genitals?
1□ Yes 2□ No
88□ DK 99□ RF
Y00_L13_3. [if Y00_L13_3=1] Has this happened in the last year?
1□ Yes 2□ No
88□ DK 99□ RF
Y00_L12_4. Picked at wounds or prevented wounds or injuries from healing?
1□ Yes 2□ No
88□ DK 99□ RF
Y00_L13_4. [f(>00_L13_4=1] Has this happened in the last year?
1□ Yes 2□ No
88D DK 99D RF
Y00_L12_5. Is there anything else you have done to purposely try and hurt yourself?
1□ Yes, specify:Y00_L12_5text 2□ No
88□ DK 99□ RF

Y00_L13_5. [if	Y00_L12_5=1] Has this happened in the last year?
1□ Yes 2□ No	
88□ DK 99□ RF	

99□ RF	4
	1
SECTION M. TAKING CARE OF YOURSELF	MIT
OLOTION III. TARRING CARE OF TOURGLE	()
Self-care Checklist	5
We would like to ask you about things that you do to deal with stres	is/
Do you use any of these things to help cope with stress?	
Strategy	
Listening to music	□Y00_M1_1
Watching a movie, TV, or online videos	□Y00_M1_2
Playing video games	□Y00 M1 3
Talking with your friends	□Y00_M1_4
Going for a run or walk, doing exercise, or playing sports	□Y00 M1 5
Writing or journaling	□Y00 M1 6
Deep breathing/relaxation exercises	□Y00 M1 7
Taking a bath	□Y00 M1 8
Reading	□Y00 M1 9
Spending time with your family	□Y00 M1 10
Creating something artistic (painting, making music, etc.)	□Y00 M1 11
Spending time with a pet/animals	□Y00 M1 12
Praying/attending a religious service	□Y00 M1 13
Taking a nap or sleeping to avoid the problem	□Y00 M1 14
Eating food that makes you feel better	□Y00 M1 15
Spending time with a romantic partner	□Y00 M1 16
Meditating	□Y00 M1 17
Self-grooming activities (like painting your nails, styling your hair, etc.)	□Y00 M1 18
Ignoring it or pretending it's not real	□Y00_M1_19
Spending time alone	□Y00_M1_20
Fantasizing or daydreaming	□Y00_M1_21
Self-advocacy or speaking up for yourself	□Y00_M1_21
Spending time with others in social activities	□Y00 M1 23
Posting about your life on social media	□Y00_M1_23
Helping others or volunteering	□Y00_M1_25
Something else?: specifyY00_M1_26text	□Y00_M1_25
Outriening cise:. specify100_ivi1_20text	ш I 00_IVI I _20

SECTION N. SHARING YOUR THOUGHTS

Y00_N1.	What would you like to see happen as a result of the information in this research?
	1
	Who do we need to reach with our research results? What is the best way to do that?
	1,5
Y00_N3.	Is there anything that has come up with regard to your gender that you would like us to ask either youth or parents/caregivers about on our follow-up surveys?
Y00_N4.	Is there anything else you would like us to know?
difficult to	that this is a lot of questions to answer and some of them may have been o answer. I just wanted to check in with you to see how you are doing now? Is thing that you need before we go?