

# Trans Youth CAN! Parent Worries Checklist (TYC-PWC)

## Development of this measure

This measure was developed to capture potential factors that may worry parents or caregivers of trans and non-binary youth with regard to the youth's gender. Items were developed based on clinician, researcher, and parent experiences and expertise. Input was then provided from four feedback groups—two trans youth groups (English and French) and two parents of trans youth groups (English and French)—to identify additional items and confirm content validity.

The checklist measure is available in English and French (French version: [www.jeunestranscan.ca/documents-de-projet/#instruments](http://www.jeunestranscan.ca/documents-de-projet/#instruments)). It was designed to be self-completed by parents or caregivers of youth attending medical clinics for gender-affirming care. The measure was developed in English and translated to French.

## Scoring

Each item that is endorsed by the respondent as having occurred is scored as '1' (excluding the 'I have no great concerns' option which is coded as '0' and must be a unique choice if selected). If the respondent endorses 'something else', each incident they mention that is not already captured in existing checklist items is scored an additional '1'. The sum total of the endorsed items is the final score for this measure.

## Citation

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## Acknowledgement

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Which of the following do you seriously worry about on a regular basis? (You may choose more than one.)

- Transphobia in society in general
- Your youth facing rejection
- Your youth encountering violence
- Your youth engaging in self-harm
- Your youth's physical health
- How your friends or colleagues react to your youth's transition
- How to discuss your youth's gender or transition with extended family
- That saying the wrong thing will hurt your youth
- That you may be making a mistake by supporting your youth
- What you are losing with your youth's transition
- The lack of good health information for your youth
- That your youth won't find a good career
- That your youth won't find a good romantic partner
- That your youth may have unsafe dating experiences
- Your youth's fertility and being able to have children
- That you might make irreversible decisions for your youth for something that might be a phase
- The way your youth's gender challenges your religious beliefs or values
- Letting people know your youth's gender might hurt or disadvantage your youth
- Letting people know your youth's gender might hurt or disadvantage you
- Something else \_\_\_\_\_
- I have no great concerns