

## Trans Youth CAN! Parent Positive Feelings Checklist (TYC-PPFC)

### Development of this measure

This measure was developed to capture the types of positive feelings parents and caregivers of trans and non-binary youth experience in regard to their youth's gender. Items were developed based on clinician, researcher, and parent expertise and experiences. Input was then provided from four feedback groups—two trans youth groups (English and French) and two parents of trans youth groups (English and French)—to identify additional positive experiences and confirm content validity.

The TYC-PPFC is available in English and French (French version: [www.jeunestranscan.ca/documents-de-projet/#instruments](http://www.jeunestranscan.ca/documents-de-projet/#instruments)). It was designed to be self-completed by parents or caregivers of youth attending medical clinics for gender-affirming care. The measure was developed in English and translated to French.

### Scoring

Each item that is endorsed by the respondent as having occurred is scored as '1'. If the respondent endorses 'something else', each incident they mention that is not already captured in existing checklist items is scored an additional '1'. The sum total of the endorsed items is the final score for this measure.

### Citation

Bauer G, Churchill S, Ducharme J, Feder S, Gillis L, Gotovac S, Holmes C, Lawson ML, Metzger DL, Saewyc E, Speechley K, Temple-Newhook J, for the Trans Youth CAN! Research Team. Trans Youth CAN! Parent Positive Feelings Checklist (TYC-PPFC). London, Canada: Trans Youth CAN! Research Team, 2017.

### Acknowledgement

We are grateful for the contributions of the seven youth and seven parents who provided feedback on this measure in English or French. The Trans Youth CAN! Parent Positive Feelings Checklist was developed as part of Trans Youth CAN!, a cohort study of medical, family and social outcomes among trans youth referred for puberty blockers or gender-affirming hormone therapy in Canada. Trans Youth CAN! is funded by the Canadian Institutes of Health Research (FRN 148641 , PI: Bauer).

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Which of the following positive feelings have you experienced, related to your youth's gender?  
(You may choose more than one)

- A sense of pride in your youth
- A sense of pride in your own parenting
- A sense of confidence in your own parenting
- An improved relationship with your youth
- Motivation to become involved in public education or advocacy about trans youth
- A sense of community with other parents of trans youth
- A sense of personal growth
- A strengthening of your family
- Being pleased by unexpected support
- Pleasure in seeing your youth becoming more confident
- A sense of hope for your youth's future
- Being inspired by your youth
- Addressing your own internalized homophobia/transphobia
- Reduced tension in the family/a sense of peace in the family
- Something else \_\_\_\_\_