



Stollery Children's Hospital
Gender Clinic

Trans Youth CAN! Clinic-Community Event

November 19, 2020

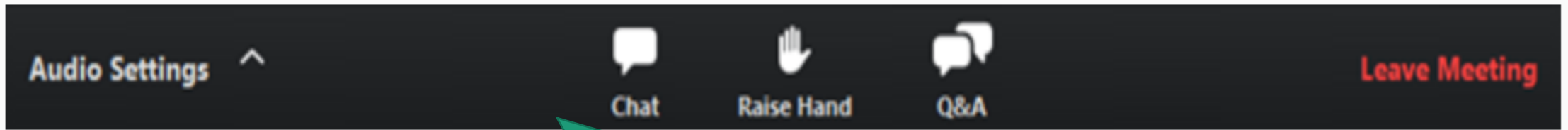


STOLLERY
CHILDREN'S
HOSPITAL



Some Zoom tips

- Your audio and video is turned off in a webinar format
- Want to interact with us? Use your zoom menu

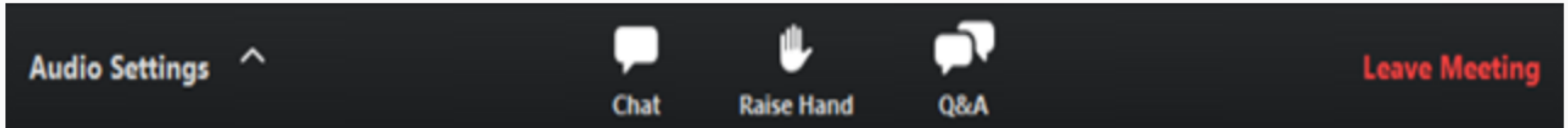


Send messages to the hosts. Hosts may also post links to resources and info in the chat window.

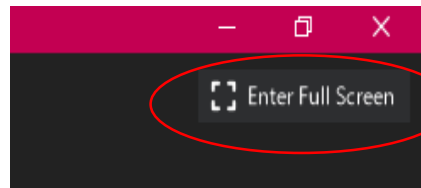
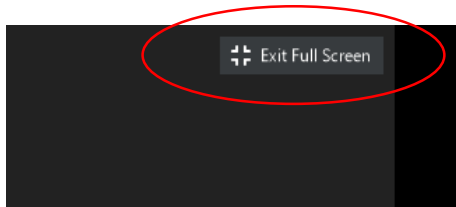
Submit **any and all questions** you have through the Q&A window. We will be answering submitted questions throughout the webinar.
Questions can be submitted anonymously



Some Zoom tips



Click the ^ arrow to change your speaker or audio output (e.g., speakers to headphones)



Or click minimize to make a small floating window you can drag around your screen.
**desktop only*



Go back and forth between full screen by clicking on the TOP RIGHT of your zoom window. Or press 'Esc' to exit full screen.

Click here to go back to your full zoom window.



Thanks for attending this event! We're excited to have you!

- With this event we want to:
 - Share information about our project
 - A sneak preview of our *NEW INFOGRAPHIC*
 - Answer questions anyone has about our infographics and this project, and the clinic



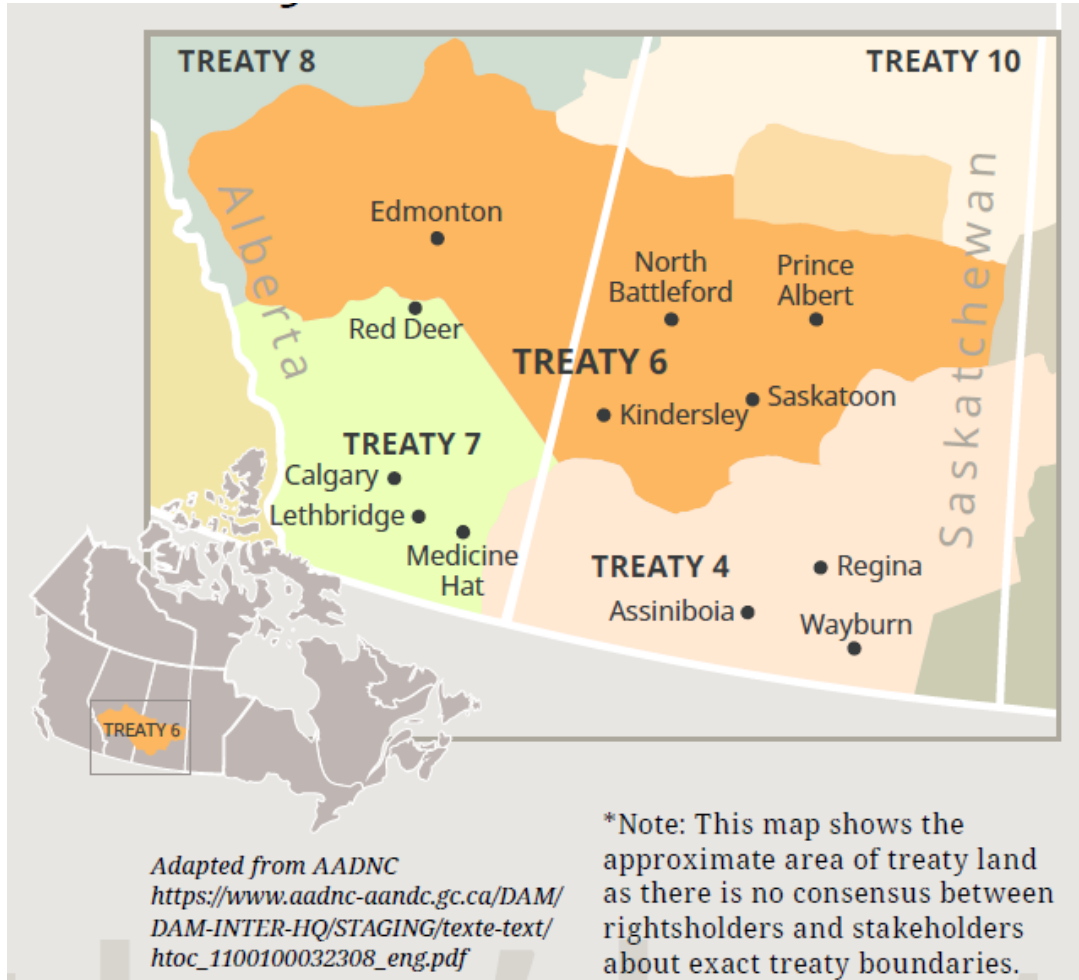
Acknowledgement of traditional territory

We respectfully acknowledge that we are located on Treaty 6 territory, a traditional gathering place for diverse Indigenous peoples including the Cree, Blackfoot, Métis, Nakota Sioux, Iroquois, Dene, Ojibway/Saulteaux/Anishinaabe, Inuit, and many others whose histories, languages, and cultures continue to influence our vibrant community.

<https://www.ualberta.ca/toolkit/communications/acknowledgment-of-traditional-territory.html>



Treaty 6



Local resources to learn more about Canadian Indigenous history, culture and the need for reconciliation:

**Open (Free) Online Course from U of A Faculty of Native Studies
“Indigenous Canada”**

<https://www.ualberta.ca/admissions-programs/online-courses/indigenous-canada/index.html>

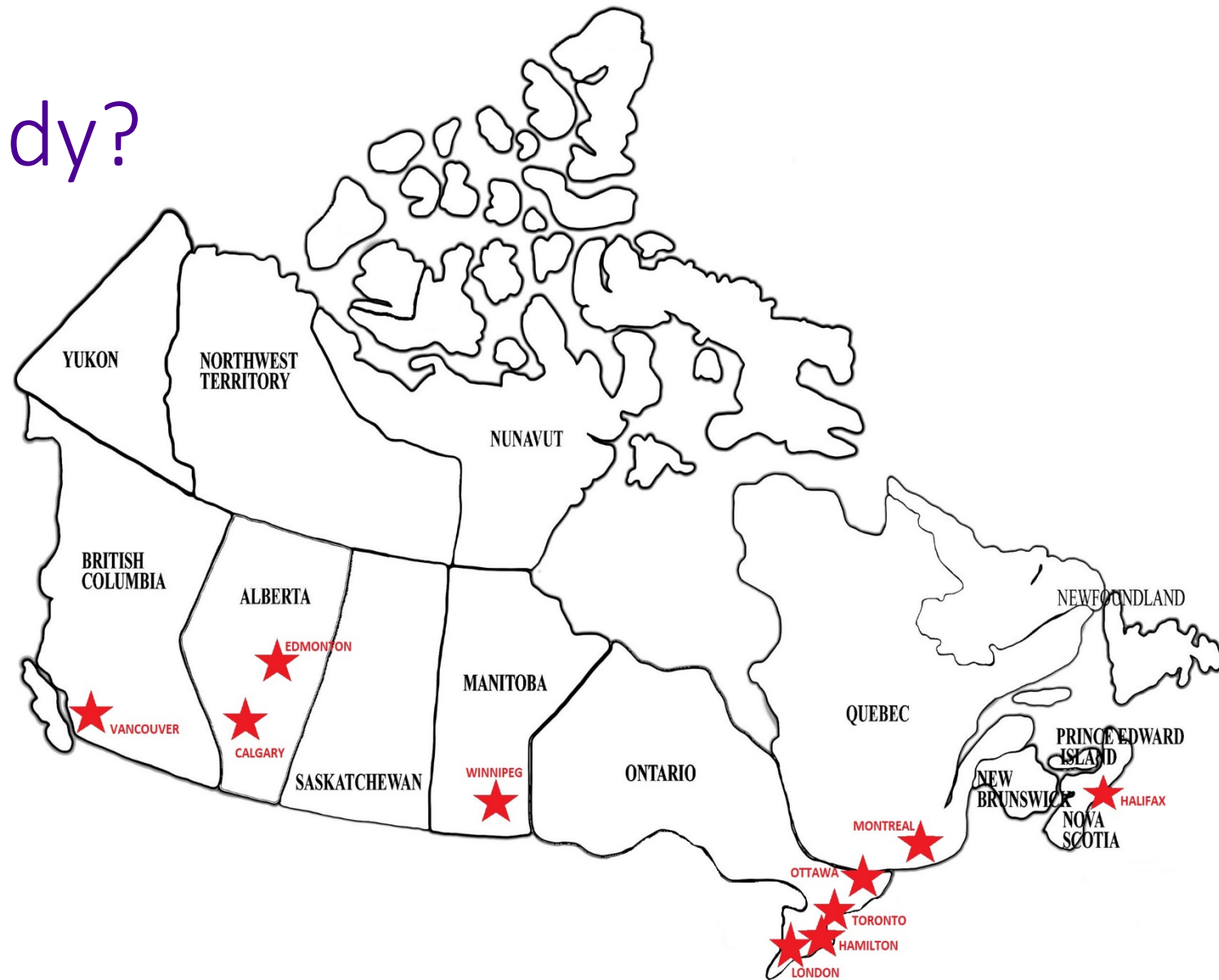
Edmonton Public Library “Exploring Reconciliation Series”

<https://www.epl.ca/indigenous/#learn>



What is the Trans Youth CAN! study?

- Looking at medical, social, and family outcomes of trans and non-binary youth referred for puberty blockers or hormones



What is the Trans Youth CAN! study?

- Youth from puberty to age 15 were recruited at their 1st medical appointment for blockers or hormones
- They are followed for 2 years through their journey of gender-affirming medical care
- Participants complete surveys and give permission to get information on their health and clinical care from clinic medical records
- Youth could invite one parent or caregiver to participate in the study
- Participant recruitment and baseline data were from Sept 2017 to June 2019
- **174 youth** and **160 parents/caregivers** were recruited



Learn all about our study at

www.transyouthcan.ca

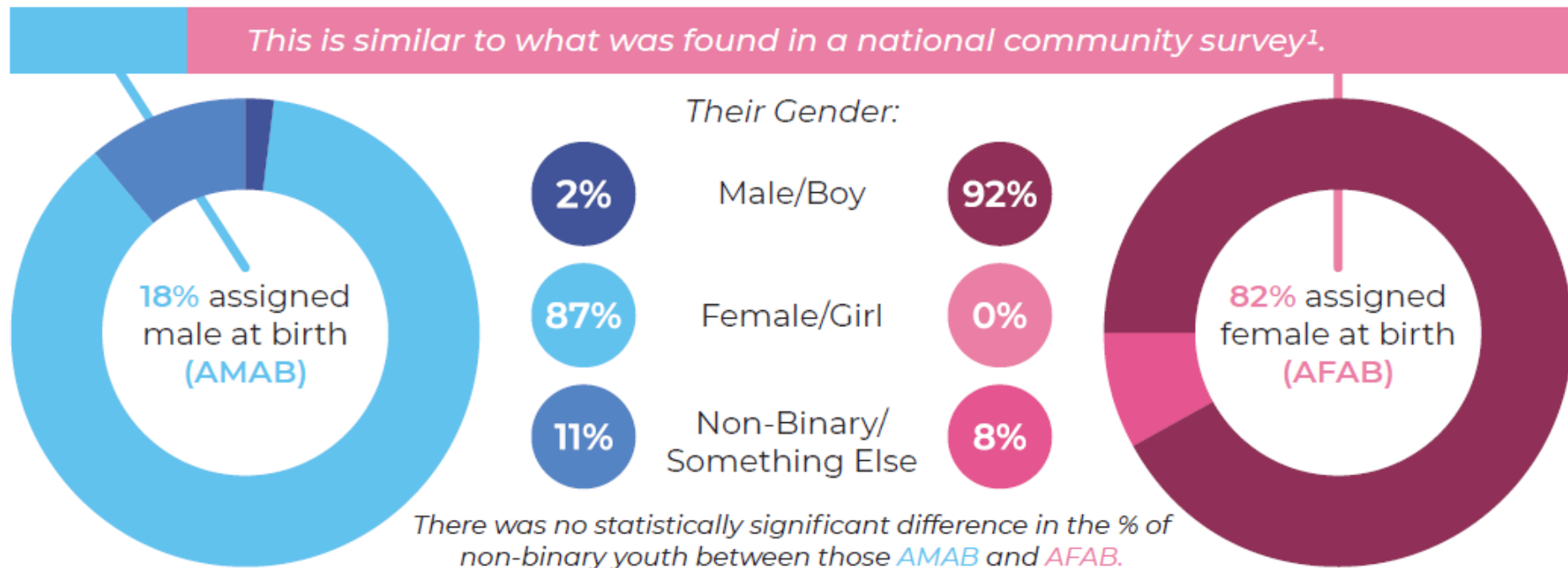


An exclusive sneak peek at our new infographic coming out soon!

Who Are The People In Canadian Trans Youth Clinics?

Characteristics Of Trans And Non-Binary Youth Under Age 16 In Clinical Care

Sex Assigned At Birth:



Other words youth
use to describe
their gender:

Garçon féminin

Non-binary boy **Androgynous**
Demiboy

Cis but questioning

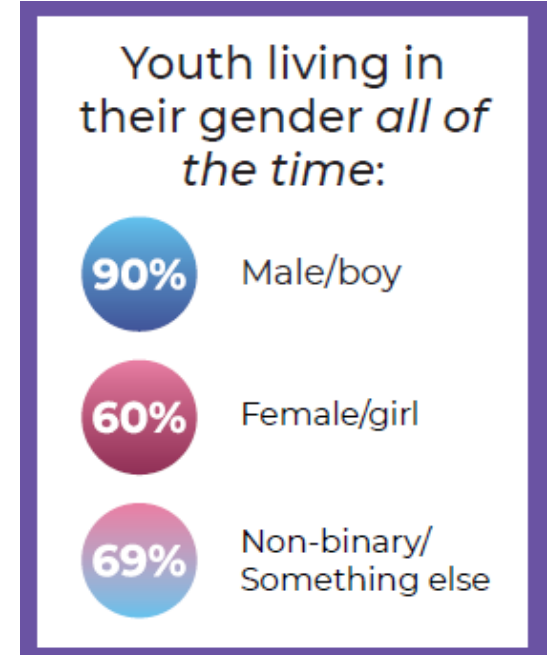
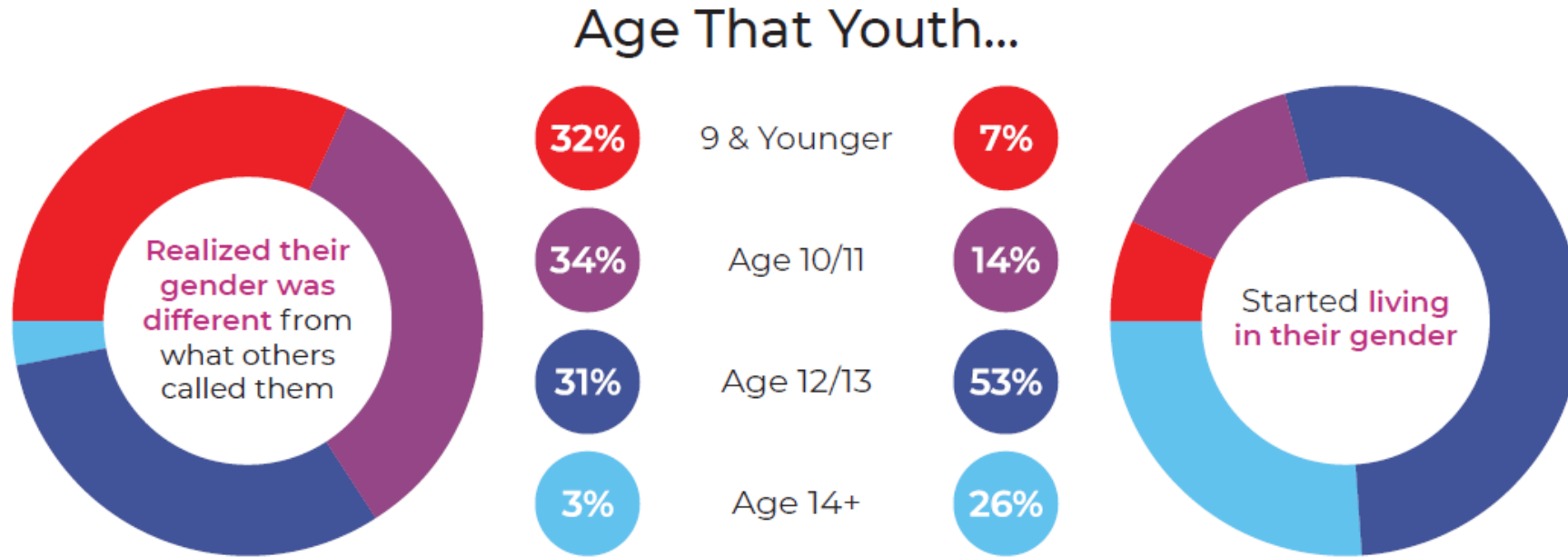
'Flambouyant **Genderfluid**

Neither gender **Genderqueer**

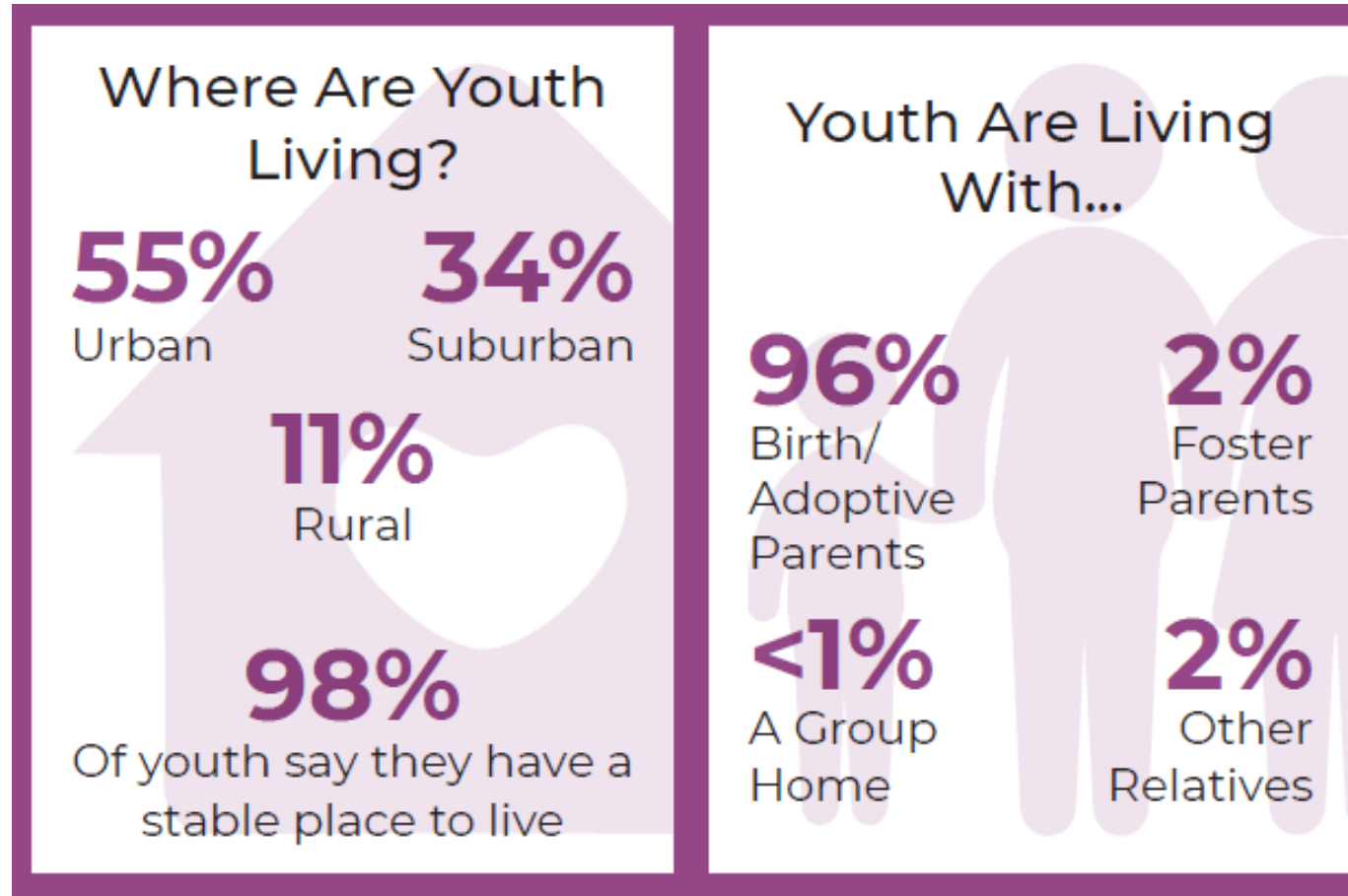
**In the middle of
male and female**



Youth Average Age at study enrolment = 14.3 years



Living situation



Living situation

27%

Of youth live in a home below the StatsCan low income measure cutoff (LIM²)

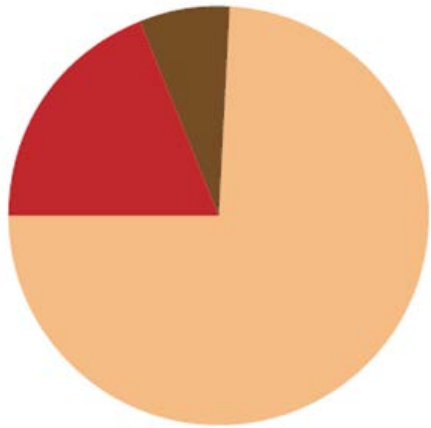
14%

Of youth experienced food insecurity in the last 12 months

Compared to 17% of all Canadians under 18 years old^{3,4}

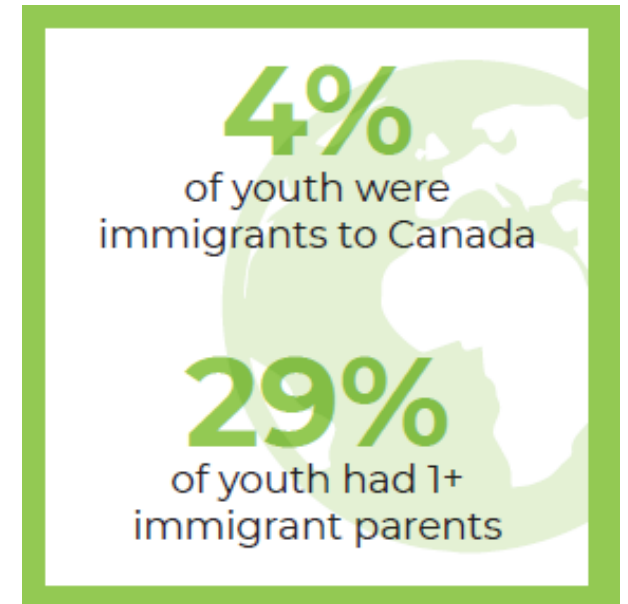


Ethnoracial background & Immigration



Ethnoracial Background

- 7% Non-Indigenous visible minorities
- 19% Indigenous
- 74% Non-Indigenous white



Health history

2/3

Of youth had at least one other type of diagnosis other than *gender dysphoria*

including (youth can have more than 1):

- 45% Anxiety disorder
- 35% Depression/mood disorder
- 23% ADHD
- 6% Autism Spectrum Disorder



Check out all our infographics!



Get the full downloadable PDFs on our website:

www.transyouthcan.ca/research-type/infographics-posters/

Coming soon to our website!

School Experiences

Experiences of Trans and Non-Binary Youth Under Age 16 in Clinical Care



Parental Support

Experiences of Trans and Non-Binary Youth Under Age 16 in Clinical Care



Who Are The People In Trans Youth Clinics?

Experiences of Trans and Non-Binary Youth Under Age 16 in Clinical Care



What's coming up for Trans Youth CAN!

- More infographics!
 - “*Experiences of immigrant families*” in December
 - Plus more topics in the coming months - Watch our website!
- Academic papers:
 - Youth characteristics
 - Parent/caregiver experiences
 - Pathways to gender-affirming care
 - Gender distress and gender positivity measures

CONTACT US IF YOU HAVE OTHER QUESTIONS

www.transyouthcan.ca/contact/

Or email: Edm.Transyouthyeg@albertahealthservices.ca



THANK YOU to our participants!

A HUGE THANK YOU! to all the youth and parents across Canada who joined our study and shared their experiences with us.

Without them this research would not be possible. We're so grateful for their trust, and working with us to improve care provided to gender-diverse youth and families.



ANY QUESTIONS?



Send us any questions you have!

