



McMaster Children's Hospital
Adolescent Medicine Clinic

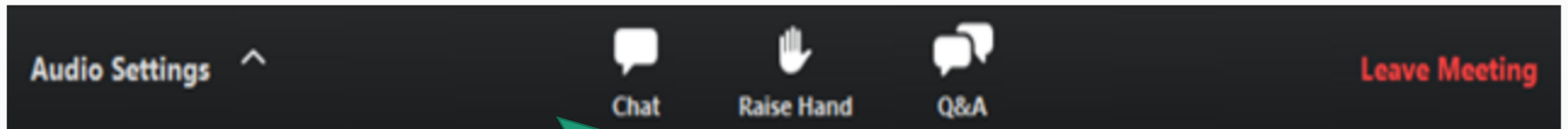
Trans Youth CAN! Clinic-Community Event

December 10, 2020



Some Zoom tips

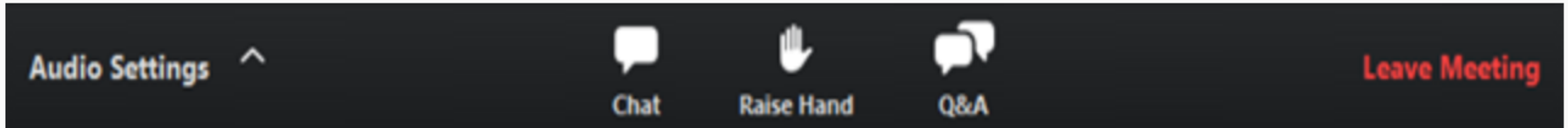
- Your audio and video is turned off in a webinar format
- Want to interact with us? Use your zoom menu



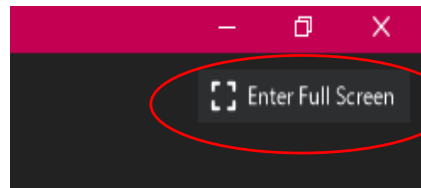
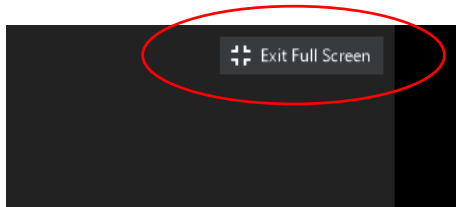
Send messages to the hosts. Hosts may also post links to resources and info in the chat window.

Submit **any and all questions** you have through the Q&A window. We will be answering submitted questions throughout the webinar.
Questions can be submitted anonymously

Some Zoom tips



Click the ^ arrow to change your speaker or audio output (e.g., speakers to headphones)



Or click minimize to make a small floating window you can drag around your screen.
**desktop only*



Go back and forth between full screen by clicking on the TOP RIGHT of your zoom window. Or press 'Esc' to exit full screen.

Click here to go back to your full zoom window.



Thanks for attending this event!

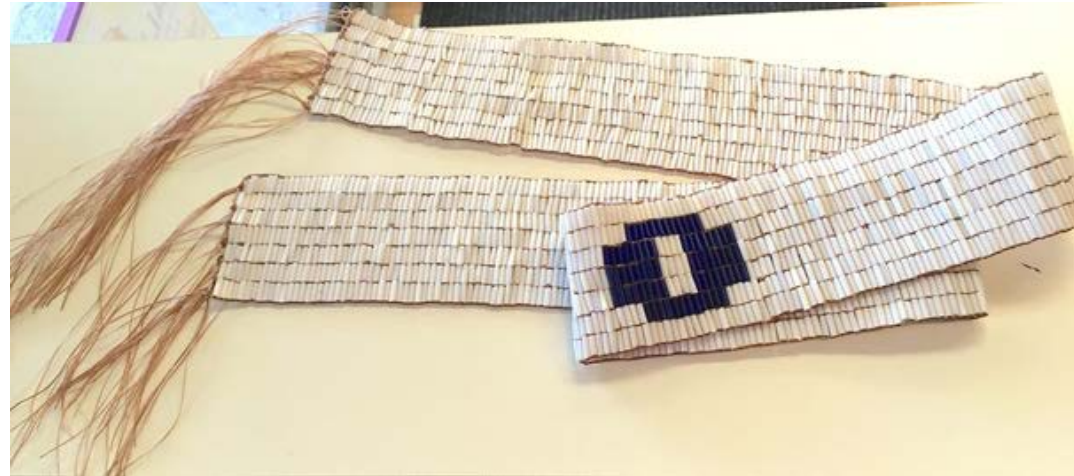
We're excited to have you!

- With this event we want to:
 - Share information about our project and the clinic
 - A preview of our *NEW INFOGRAPHIC*
 - Answer questions anyone has about our infographics and this project, and the clinic
- Our hosts today are:
 - **Natasha Johnson:** Adolescent Medicine/Pediatrician, Adolescent Medicine Clinic
 - **Rosheen Grady:** Adolescent Medicine/Pediatrician, Adolescent Medicine Clinic
 - **Hannah Geddie:** Endocrinologist, Adolescent Medicine Clinic
 - **John Vandermeulen:** Endocrinologist, Adolescent Medicine Clinic
 - **Tara Green:** Social Worker, Adolescent Medicine Clinic
 - **Shelby Deibert:** Research assistant, McMaster site, Trans Youth CAN!
 - **Sandra Gotovac:** Project Coordinator, Trans Youth CAN!



Land Acknowledgement

Wherever you are in this virtual world please take a moment to reflect on and give thanks for the traditional lands that you are occupying today.



Dish With One Spoon Wampum Agreement

'We promise to have only one dish among us; in it will be beaver tail and no knife will be there'.

We encourage everyone to learn more about Canadian Indigenous history, culture, and the need for reconciliation

Dish with One Spoon and Between Lakes Treaty:

<https://hamiltonjustice.ca/en/land-acknowledgement/>

[https://iwchamilton.ca/newcomers/wp-](https://iwchamilton.ca/newcomers/wp-content/uploads/original)

[content/uploads/original](https://iwchamilton.ca/newcomers/wp-content/uploads/original) Introduction to Land Acknowledgements - Doc-2.pdf

Open (Free) Online Course from U of A Faculty of Native Studies: “Indigenous Canada”

<https://www.ualberta.ca/admissions-programs/online-courses/indigenous-canada/index.html>



Adolescent Medicine Clinic



- Started in 2006, our clinic takes an affirming approach to gender, and we provide care for trans and gender-diverse youth under 18 from all over Southern Ontario

• OUR CLINIC TEAM

- Dr. Natasha Johnson & Dr. Rosheen Grady (Adolescent Medicine)
- Dr. John VanderMeulen & Dr. Hannah Geddie (Pediatric Endocrinology)
- Anick Lamarche (Speech Language Pathologist)
- Tara Green & Laura Sergeant (Social Work)
- Elaine Forde & Karen Murray (Admin)
- Paul Agar (Manager) & Jennifer Hoppe (Clinical Leader)
& Lori Issenman (Director)



Adolescent Medicine Clinic



Our clinic also works with several community organizations

- **Hamilton Trans Health Coalition (HTHC) (est. 2016)**
 - Group of health care providers and trans/gender-diverse Hamiltonians working together to increase the capacity of Hamilton's health care system to deliver high-quality healthcare to trans and gender-diverse people who live, work, learn and play in Hamilton.
- **Gender Inclusivity Committee (GIC) (est. 2017)**
 - The GIC includes members from Human Rights, Patient Experience, Registration, Adolescent Medicine, CH/Y Mental Health, IT and others
 - With a vision create a hospital and workplace environment that is safe, accepting and accessible for trans and gender diverse people
- **Youth Wellness Centre, St. Joseph's Healthcare Hamilton**
 - Safe space for LGBT youth, offers counselling, support, and navigation services for youth 17-25
 - Including Empowerment Fund for transition related costs



What is the Trans Youth CAN! study?

- Looking at medical, social, and family outcomes of trans and non-binary youth referred for puberty blockers or hormones



What is the Trans Youth CAN! study?

- Youth from puberty to age 15 were recruited at their 1st medical appointment for blockers or hormones
- They are followed for 2 years through their journey of gender-affirming medical care
- Participants complete surveys and give permission to get information on their health and clinical care from clinic medical records
- Youth could invite one parent or caregiver to participate in the study
- Participant recruitment and baseline data were from Sept 2017 to June 2019
- **174 youth** and **160 parents/caregivers** were recruited



Learn all about our study at

www.transyouthcan.ca

Check out all our infographics!



Get the full downloadable PDFs on our website:

www.transyouthcan.ca/research-type/infographics-posters/

School Experiences

Experiences of Trans and Non-Binary Youth Under Age 16 in Clinical Care



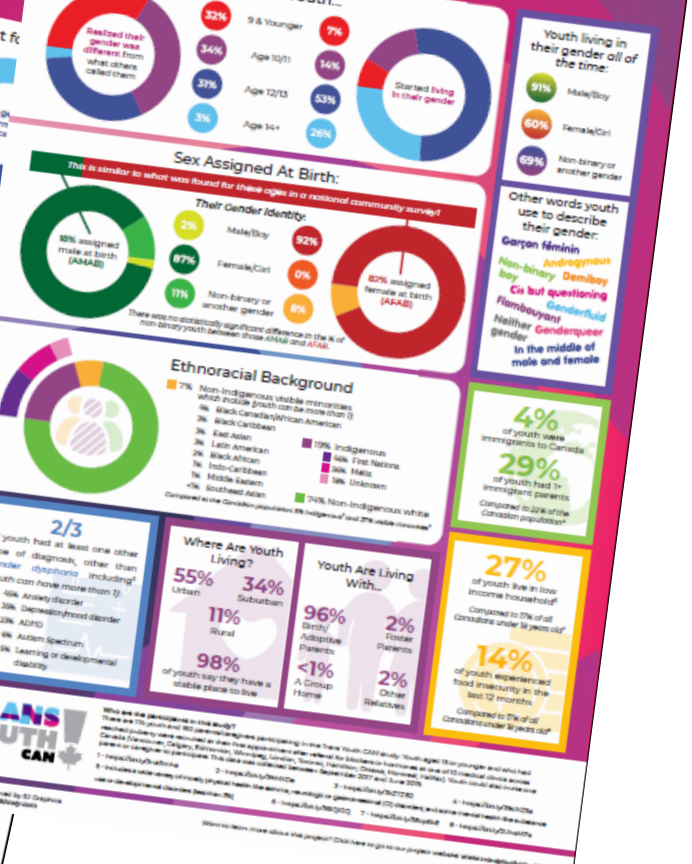
Parental Support

Experiences of Trans and Non-Binary Youth Under Age 16 in Clinical Care



Who are the People Served by Canadian Trans Youth Clinics?

Characteristics of Trans And Non-Binary Youth Under Age 16 in Clinical Care

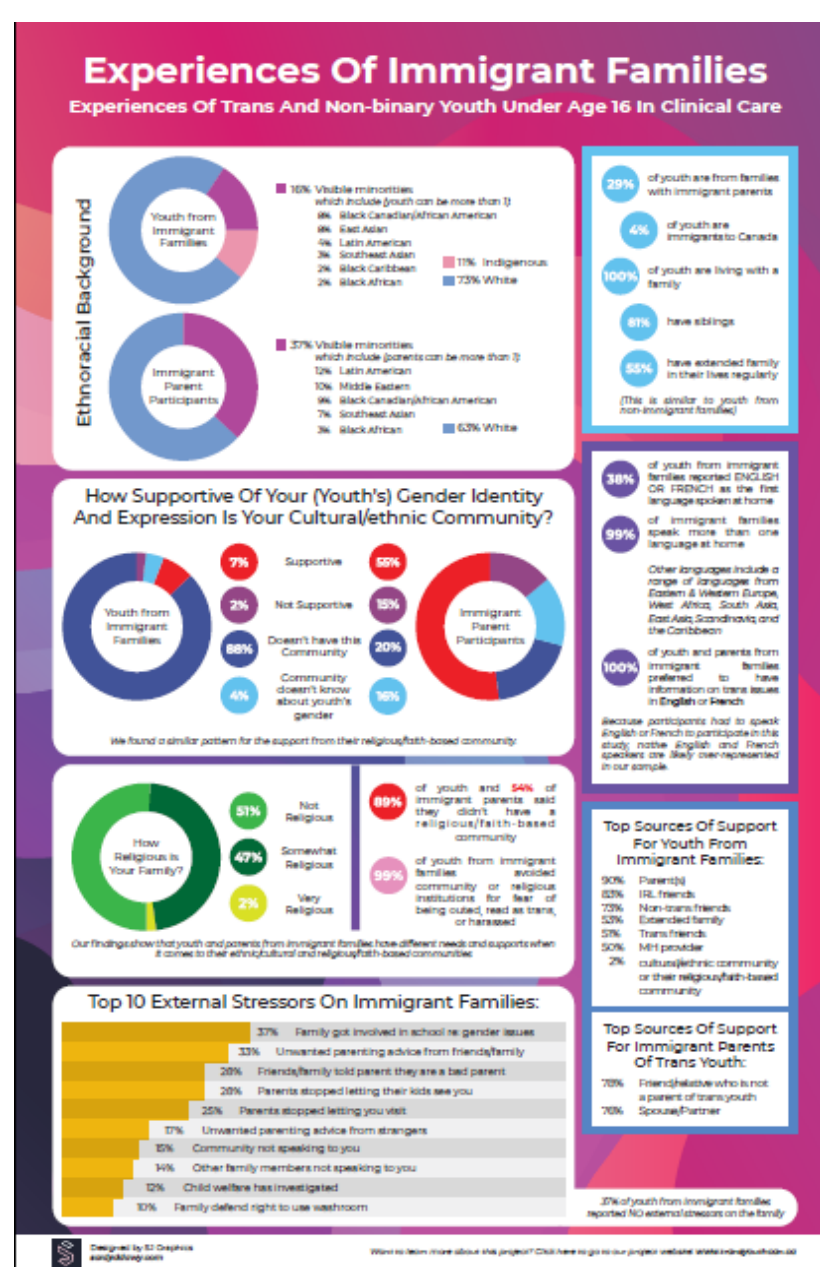


TRANS YOUTH CAN

TRANS YOUTH CAN

Who are the participants in this study? There are 74 youth and 103 caregivers participating in the Trans Youth Can study. Youth aged 9-16 years old and their caregivers were recruited through the Trans Youth Can website, social media, and referrals from community organizations. The study was conducted between September 2017 and June 2018.

A preview of our new infographic...



29% of youth are from families with immigrant parents

4% of youth are immigrants to Canada

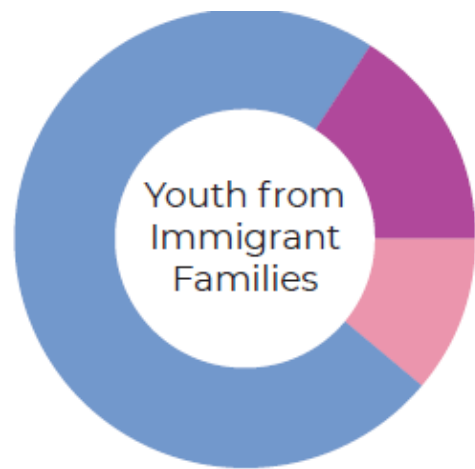
100% of youth are living with a family

81% have siblings

55% have extended family in their lives regularly

(This is similar to youth from non-immigrant families)

Ethnoracial Background

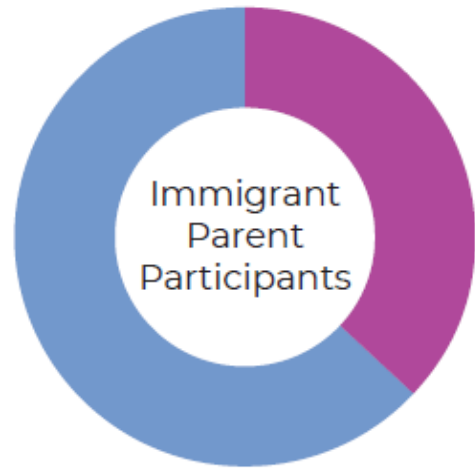


16% Visible minorities
which include (youth can be more than 1):

- 8% Black Canadian/African American
- 8% East Asian
- 4% Latin American
- 3% Southeast Asian
- 2% Black Caribbean
- 2% Black African

11% Indigenous

73% White



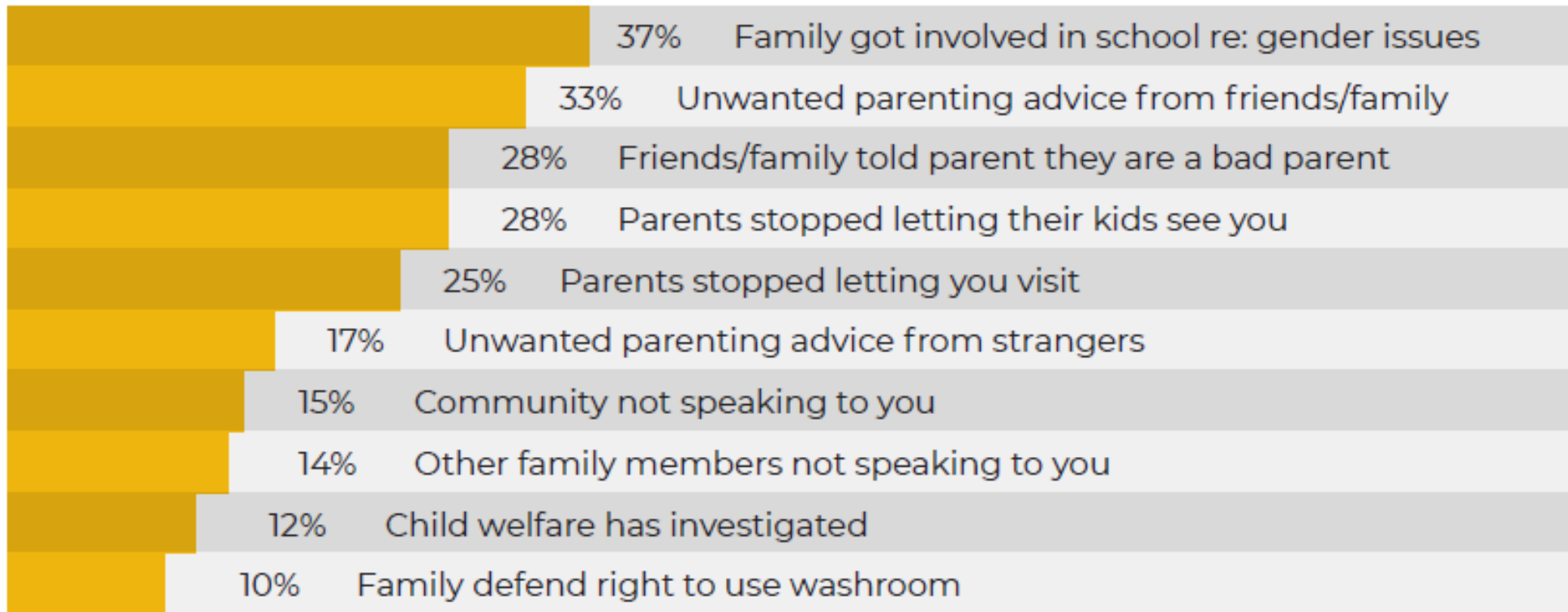
37% Visible minorities
which include (parents can be more than 1):

- 12% Latin American
- 10% Middle Eastern
- 9% Black Canadian/African American
- 7% Southeast Asian
- 3% Black African

63% White



Top 10 External Stressors On Immigrant Families:



37% of youth from immigrant families reported NO external stressors on the family

Top Sources Of Support For Youth From Immigrant Families:

- 90% Parent(s)
- 83% IRL friends
- 73% Non-trans friends
- 53% Extended family
- 51% Trans friends
- 50% MH provider
- 2% cultural/ethnic community
or their religious/faith-based
community

Top Sources Of Support For Immigrant Parents Of Trans Youth:

- 78% Friend/relative who is not
a parent of trans youth
- 76% Spouse/Partner



What's coming up for Trans Youth CAN!

- More infographics!
 - *“Self-care and coping”* and *“Experiences of parents of trans youth”* in January
 - Plus more topics in the coming months - Watch our website!
- Academic papers:
 - Youth characteristics
 - Parent/caregiver experiences
 - Pathways to gender-affirming care
 - Gender distress and gender positivity measures

CONTACT US IF YOU HAVE OTHER QUESTIONS

www.transyouthcan.ca/contact/

or email: transyc@mcmaster.ca



THANK YOU to our participants!

A HUGE THANK YOU! to all the youth and parents across Canada who joined our study and shared their experiences with us.

Without them this research would not be possible. We're so grateful for their trust and working with us to improve care provided to gender-diverse youth and families.



ANY QUESTIONS?



Send us any questions you have!

