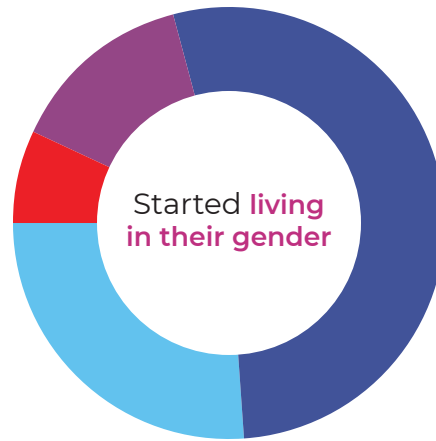
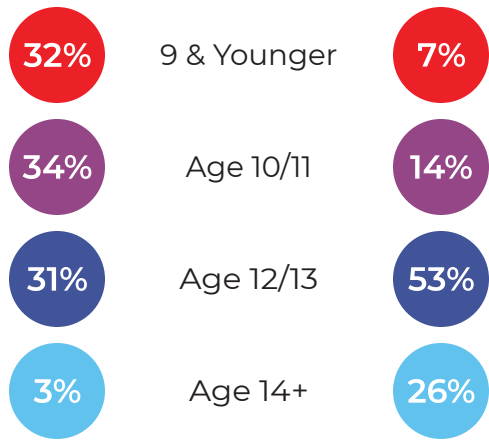
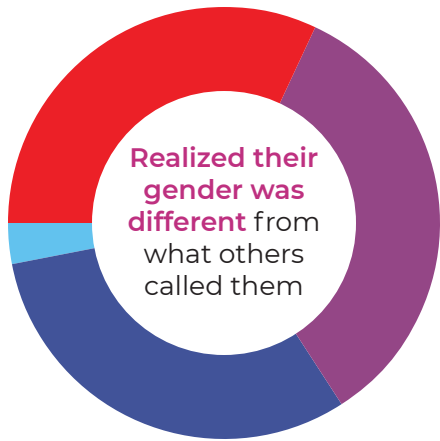


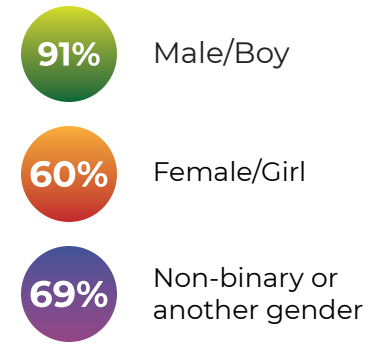
# Who are the People Served by Canadian Trans Youth Clinics?

## Characteristics Of Trans And Non-Binary Youth Under Age 16 In Clinical Care

### Age That Youth...

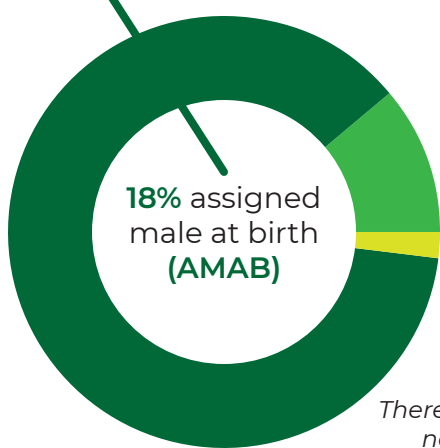


### Youth living in their gender *all of the time*:

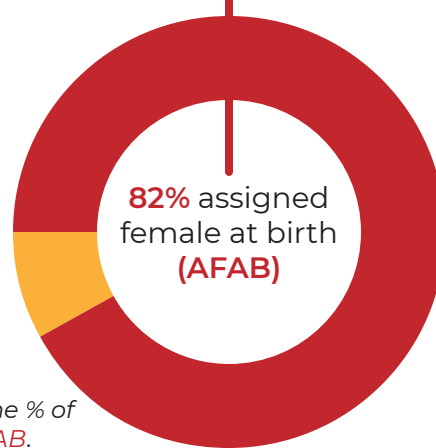
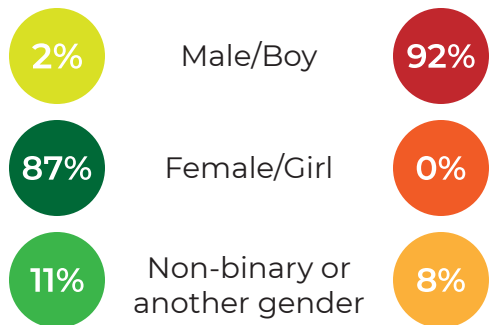


### Sex Assigned At Birth:

This is similar to what was found for these ages in a national community survey<sup>1</sup>



#### Their Gender Identity:

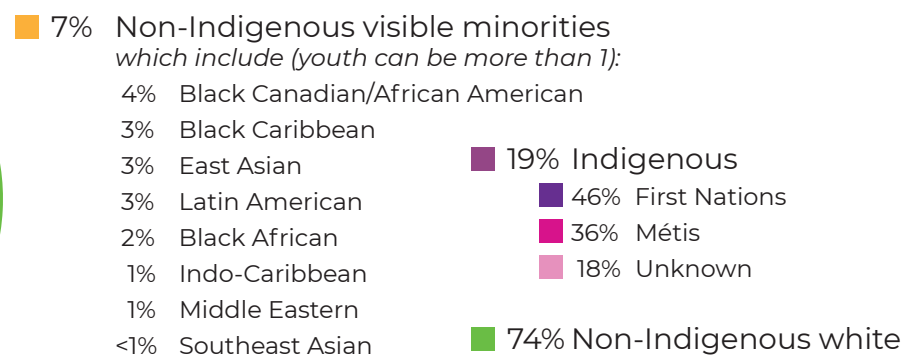


There was no statistically significant difference in the % of non-binary youth between those AMAB and AFAB.

### Other words youth use to describe their gender:

Garçon féminin  
 Non-binary boy  
 Androgynous  
 Demiboy  
 Cis but questioning  
 Flamboyant  
 Genderfluid  
 Neither gender  
 Genderqueer  
 In the middle of male and female

### Ethnoracial Background



Compared to the Canadian population: 5% Indigenous<sup>2</sup> and 27% visible minorities<sup>3</sup>

4% of youth were immigrants to Canada

29% of youth had 1+ immigrant parents

Compared to 22% of the Canadian population<sup>4</sup>

2/3

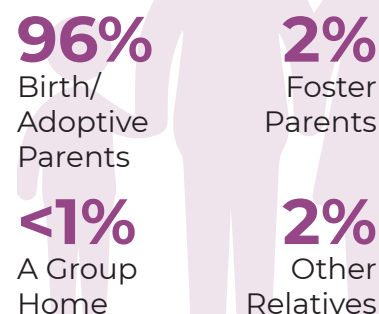
of youth had at least one other type of diagnosis, other than *gender dysphoria* including<sup>5</sup> (youth can have more than 1):

- 45% Anxiety disorder
- 35% Depression/mood disorder
- 23% ADHD
- 6% Autism Spectrum
- 5% Learning or developmental disability

### Where Are Youth Living?



### Youth Are Living With...

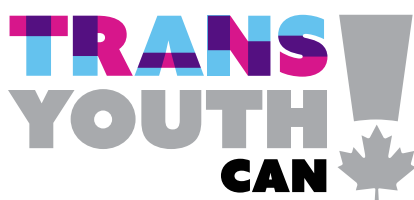


27% of youth live in low income household<sup>6</sup>

Compared to 17% of all Canadians under 18 years old<sup>7</sup>

14% of youth experienced food insecurity in the last 12 months

Compared to 17% of all Canadians under 18 years old<sup>8</sup>



### Who are the participants in this study?

There are 174 youth and 160 parents/caregivers participating in the Trans Youth CAN! study. Youth aged 15 or younger and who had reached puberty were recruited at their first appointment after referral for blockers or hormones at one of 10 medical clinics across Canada (Vancouver, Calgary, Edmonton, Winnipeg, London, Toronto, Hamilton, Ottawa, Montreal, Halifax). Youth could also invite one parent or caregiver to participate. This data was collected between September 2017 and June 2019.

1 - <https://bit.ly/3naRmha>

2 - <https://bit.ly/3ftMXDe>

3 - <https://bit.ly/3kZTZB2>

4 - <https://bit.ly/39dNZ5a>

5 - Includes a wide variety of mostly physical health like asthma, neurologic or gastrointestinal (GI) disorders; and some mental health like substance use or developmental disorders (less than 3%)

6 - <https://bit.ly/36lQICQ>

7 - <https://bit.ly/38xp6kE>

8 - <https://bit.ly/2UhsMPa>