

Experiences of Parents of Trans and Non-Binary Youth Under Age 16 in Clinical Care

Parent Participants in the Study

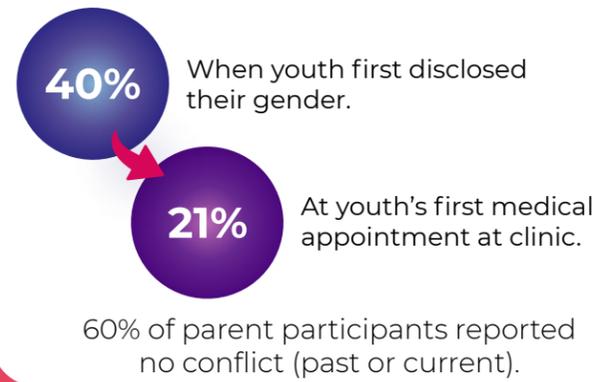
96%	Birth/adoptive parents
2%	Step-parents
< 1%	Foster parents
1%	Other parent figures (i.e. grandparents)
85%	Female parents/mothers
14%	Male parents/fathers
1%	Non-binary parents
64%	Have a spouse/partner living in the home
38%	Said there is a co-parent involved in the youth's life not living in the home

Proportion of Youth That Have ... in their Lives

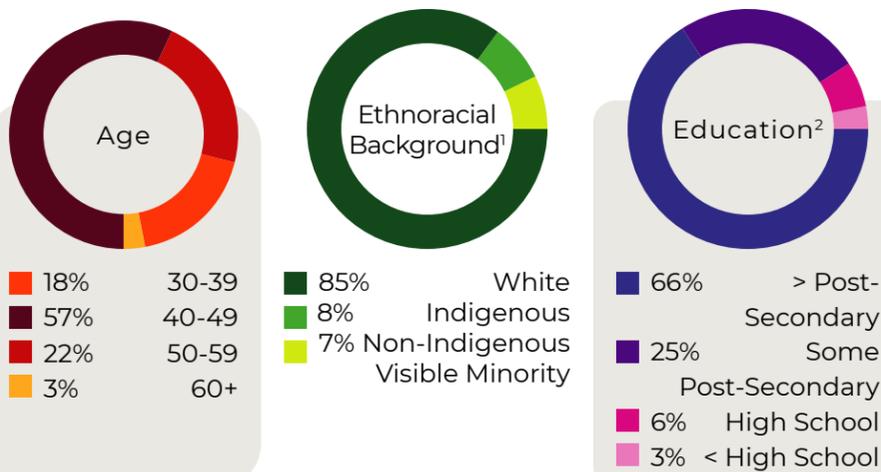
98%	Birth/adoptive parents
34%	Step-parents
3%	Foster parents
2%	Other parent figures (i.e. grandparents)
96%	At least one mother
85%	At least one father
# Of Parents Youth Have In Their Lives	
25%	3 + parents
61%	2 parents
13%	1 parent
<1%	0 parents

Parental Conflict Regarding Youth's Gender

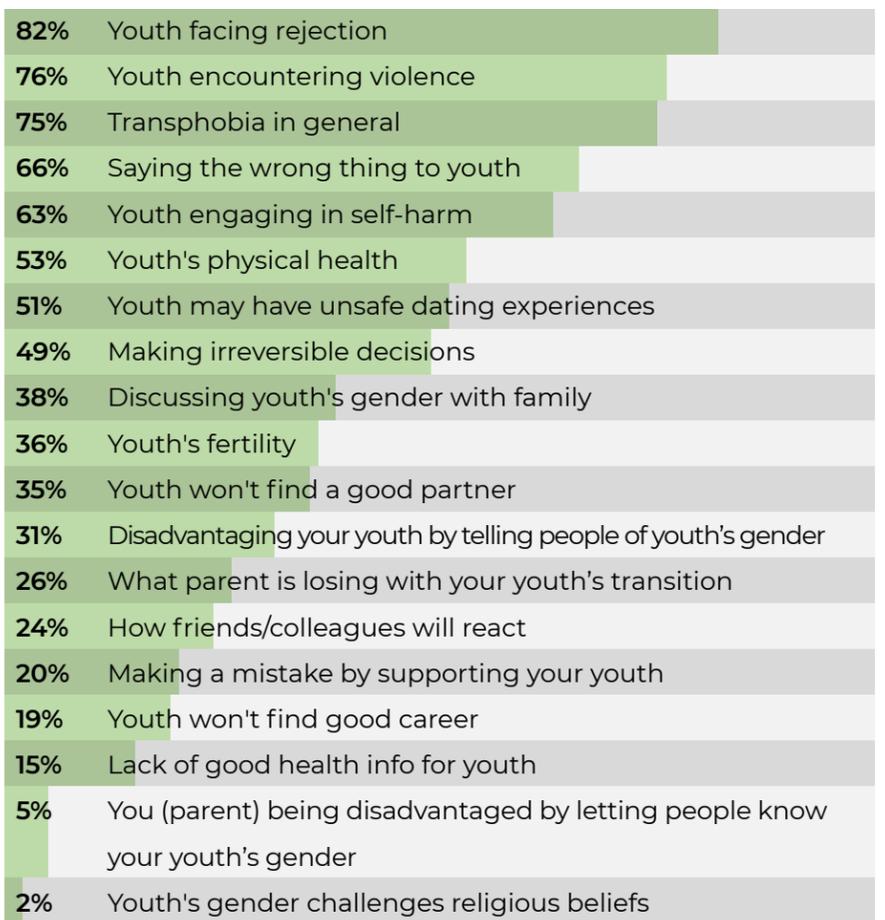
(% of parent participants who reported conflict with a spouse/partner or a co-parent)



Characteristics Of Parent Participants



Parents' Worries About Youth's Gender*



<1% of parents had no concerns.

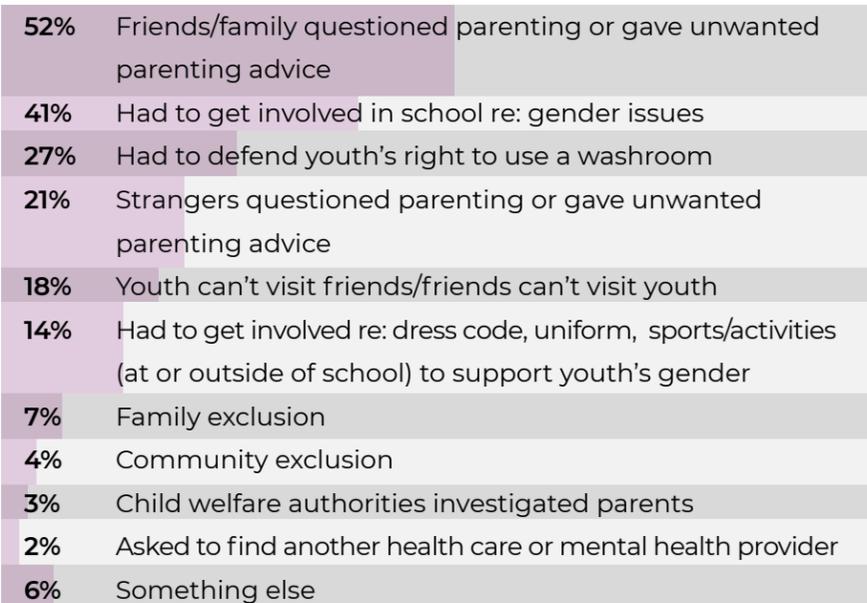
Parents' Positive Feelings About Youth's Gender*



97% reported **AT LEAST ONE** positive feeling from the checklist.

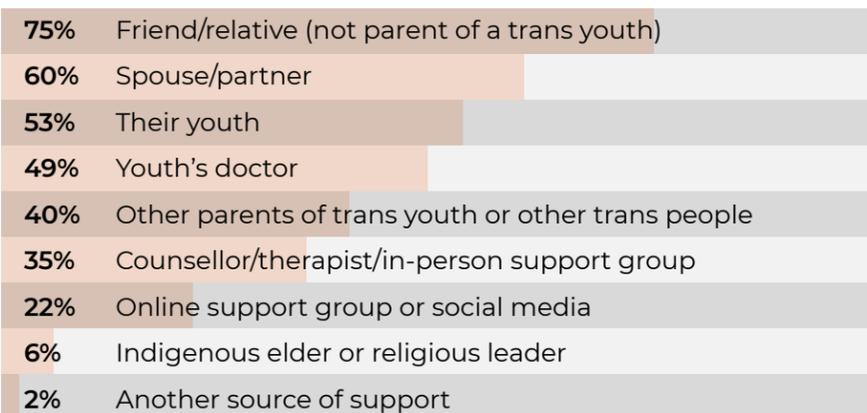
*Parents who had more worries didn't have fewer positive feelings. Most parents were found to have many worries AND many positive feelings.

External Stressors On The Families Of Trans Youth



70% of parents reported at least one external stressor.

Sources Of Support For Parents Of Trans Youth



6% of parents had no sources of support.

Who are the participants in this study?

There are 174 youth and 160 parents/caregivers participating in the Trans Youth CAN! study. Youth aged 15 or younger and who had reached puberty were recruited at their first appointment after referral for blockers or hormones at one of 10 medical clinics across Canada (Vancouver, Calgary, Edmonton, Winnipeg, London, Toronto, Hamilton, Ottawa, Montreal, Halifax). Youth could also invite one parent or caregiver to participate. This data was collected between September 2017 and June 2019.

1 - Compared to the adult Canadian population: 5% Indigenous (<https://bit.ly/3sT4RFS>) and 22% visible minorities (<https://bit.ly/2YefJ2V>)
2 - Compared to the Canadian population aged 25-64: Less than highschool diploma (12%) | Highschool diploma (24%) | Post-secondary diploma/degree and above (51%) | (<https://bit.ly/3ohhyqH>)

